Fall To Pieces AB



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Becky Hawthorne (USA) - April 2022

音樂: I Fall to Pieces - Michael Nesmith & The First National Band



No tags, no restarts

Intro: 32 counts, begin dance when vocals start

Section 1: VINE WITH HEEL TOUCH X 2

1, 2	Step RF to R side, Step LF crossed behind RF
3, 4	Step RF to R side, Touch L heel toward L fwd diagonal
5, 6	Step LF to L side, Step RF crossed behind LF
7 8	Step I F to L side Touch R heel toward R fwd diagonal

Section 2: K STEP

1, 2	Step RF to R fwd diagonal, Touch LF next to RF
3, 4	Step LF back to center, Touch RF next to LF
5, 6	Step RF back to R back diagonal, Touch LF next to RF
7 8	Step LE fwd to center Touch RE next to LE

Section 3: 1/8 SIDE, TOGETHER, SIDE, HITCH X 2

1,	1/8 turn to L-Step RF to R side (body moving toward 1:30 and facing 10:30)
2, 3, 4	Step LF next to RF, Step RF to R side, Hitch L knee
5	1/8 turn to L-Step LF to L side (body moving toward 6:00 and facing 9:00)
6, 7, 8	Step RF next to LF, Step LF to side, Hitch R knee

Section 4: STEP, HEEL SWIVEL, TOE SWIVEL, STOMP UP X 2

1, 2	Step RF slightly forward, swivel L heel toward RF
3, 4	Swivel L toe toward RF, Stomp LF (lightly) and lift up
5, 6	Step LF slightly forward, swivel R heel toward LF
7, 8	Swivel R toe toward LF, Stomp RF (lightly) and lift up

Suggested ending: Song ends after Wall 11 Section 2, which starts facing 6:00. Instead of doing the step touches in the shape of a K, use them to make a 1/2 turn right, working around to 12:00 by the end of the song.

Becky Hawthorne: bkhawthorne@tx.rr.com