

Strolling Alone

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Urban Danielsson (SWE) - April 2022
音樂: Hometown - Robin Winther



#16 counts intro

Section 1: Side rock, recover, cross shuffle, side, ¼ turn, cross shuffle

- 1 – 2 Rock right foot to right side, recover weight onto left
- 3&4 Step right foot across in front of left, step left to left side, step right foot across in front of left foot
- 5 – 6 Step left foot to left side, turn ¼ right and step right foot to right side (3:00)
- 7&8 Step left foot across in front of right, step right to right side, step left foot across in front of right

Section 2: Walk, walk, anchor step, rock, recover, step turn ½ right

- 1 – 2 Facing 4:30 walk forward on right, walk forward on left (4:30)
- 3&4 Rock right foot behind of left, recover (rock) onto left foot, step down on right foot behind of left
- 5 – 6 Rock left foot back, recover weight onto right foot
- 7 – 8 Step left foot forward, pivot ½ turn step down on right foot (10:30)

Section 3: Side, behind, chassé ¼ turn, step forward, step cross, back-side-cross

- 1 – 2 ¼ turn right step left to left side, step right behind of left (1:30)
- 3&4 Step left to left side, step right next to left, ¼ turn left step left foot forward (10:30)
- 5 – 6 Step right foot forward, 1/8 turn left step left foot across of right (9:00)
- 7&8 ¼ turn step right foot back, left step left to left side, step right foot across in front of left foot (6:00)

Section 4: Side, hold, together, side, rock back, recover, ½ turn, hook, step forward

- 1 - 2& Step left to left side, hold, step right next to left
- 3 – 4 Step left to left side, rock back onto right foot
- 5 – 6 Recover weight onto left, ½ turn left step back on right foot (12:00)
- 7 – 8 Hook left foot in front of right shin, step left foot forward

Section 5: Rock, recover, ¾ triple turn right, rock, recover, walk back x 2

- 1 – 2 Rock right foot forward, recover weight onto left foot
- 3&4 Turn ¾ to left stepping right left, right (¾ shuffle turn) (9:00)
- 5 – 6 Rock left foot forward, recover weight onto right
- 7 – 8 Step left foot back popping right knee forward, step right foot back popping left knee forward

Section 6: Side, touch, side touch, hinge turn, sailor step

- 1 – 2 ¼ turn left step left foot to left side, touch right next to left (6:00)
- 3 – 4 Step right foot to right side, touch left next to right
- 5 – 6 ¼ turn left step left forward, ¼ turn left step right to right side (12:00)
- 7&8 Step left behind of right, step right small step to right side, step left small step to left side

Section 7: Cross, side, coaster step, step turn ½ right, ½ turn, ½ turn

- 1 – 2 Step right foot across in front of left, step left foot to left side
- 3&4 Step right foot back, step left next to right, step right foot forward
- 5 – 6 Step left foot forward, pivot ½ turn to right step down on right foot (6:00)
- 7 – 8 ½ turn right step back in left foot, ½ turn right step forward on right foot (6:00)

Section 8: Rock, recover, together. rock, recover, step back, together, kick-ball-cross

- 1 – 2& Rock left foot forward, recover on right, step left next to right
- 3 – 4 Rock right foot forward, recover weight onto left
- 5 – 6 Step right foot a bit longer step back, step left foot next to right
- 7&8 Kick right foot forward, step right next to left, step left foot across in front of right

Tag: 16 count tag after wall 2

Dance the full section 1, walk, walk, anchor step, 3/8 turn step forward, forward, scissor step

- 1 – 8 Repeat section 1 counts 1-8
- 9 - 12 Repeat section 2 counts 1-4
- 13 – 14 Turn 3/8 left and step left foot forward, step right foot forward
- 15&16 Scissor step: Step left to left side, step right next to left, step left across in front of right foot
(you will be facing 12:00 to restart the dance again)

Ending: You will be facing 12:00

Dance section 1 without turning, end by doing 7 sway – right, left, right, left, right, left, right

Enjoy the music and the dance!
