# Sweet Ireland EZ

拍數: 32

級數: Beginner Celtic

編舞者: Véronique Vernet (FR) - March 2022

音樂: Sweet Ireland - Green Lads

#### #1 Tag : 8 counts

#### [1-8] STOMP HOLD - STOMP HOLD - TRIPLE - TRIPLE 1/4

- 1-2& Stomp RF Hold Step forward slightly LF (&)
- 3-4& Stomp RF Hold Step forward slightly LF (&)
- 5&6 RF forward LF together RF Forward
- 7&8 ¼ turn L LF forward RF together LF Forward

### [9-16] ¼ STEP TURN – CROSS AND CROSS - ROCK STEP – CROSS AND CROSS

- 1-2 RF forward ¼ turn Left
- 3&4 Cross RF over L Step LF side Cross RF over L
- 5-6 Rock L to L side , recover on R
- 7&8 Cross LF over R Step RF side Cross LF over R

#### [17-24] POINT, HOLD, & POINT, HOLD, & HEEL & HEEL & SWIVELS

- 1-2 Point R Side Hold (wall 6 slow down)
- &3-4 Step RF together Point R Side Hold
- &5&6 Step LF together Heel R Step RF together Heel L
- &7&8 Step LF together Step RF Forward Heels R,L to Right Heels R,L center

#### [25-32] BACK GALOP - COASTER STEP - WALK - WALK

- 1&2& RF Back Step LF together RF Back Step LF together
- 3&4 RF Back Step LF together RF Back
- 5&6 Step Back LF Step RF together LF Forward
- 7-8 Walk forward on R Walk forward on L (or option : Full turn)

## \*\*Wall 6 ,After 16 counts the music slows down, you continue to dance slowly until the end of the dance then you add the tag of 8 counts.

\*\*Tag : At the end of wall 6 (facing 6:00), add the following 8 count tag to finish facing (12:00)

[1-8] ROCKING CHAIR – ½ TURN WALK R ,L,R,L (create a semi-circular walk around )

- 1 -2 Rock forward R recover on L
- 3 -4 Rock back on R recover on L
- 5 -6 1/8 turn L walk forward on R , 1/8 turn L walk forward on L
- 7 -8 1/8 turn L walk forward on R , 1/8 turn L walk forward on L

#### TADAAA ! :)

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牆數:2