

# A Better Day

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Dianne Borg (AUS) & Matt Coleman (AUS) - April 2022  
音樂: Better Days - NEIKED, Mae Muller & Polo G



#16 count Intro - No Tags. No restarts.

## Section 1: Side Touch, Left Shuffle, Vine Right with a touch.

1,2      Step RF to R side, Touch LF next to RF  
3&4      Step LF to L side, Step RF next to LF, Step LF to L side  
5-8      Step RF to R side, Step LF behind RF, Step RF to R side, Touch LF next to RF

## Section 2: Forward, Tap Behind, Back Touch, Grapevine Quarter Touch.

1,2      Step LF forward, Tap R Toe behind LF  
3,4      Step RF back, Touch LF next to RF.  
5-8      Step LF to L side, Step RF behind LF, Turn ¼ left (to 9:00) and step forward with the LF,  
Touch RF next to LF

## Section 3: Point Front, Point Side, Right Coaster, Point Front, Point Side, Left Coaster.

1,2      Point R toe to front, Point R toe to R side  
3&4      Step RF back, Step LF next to RF, Step RF forward  
5,6      Point L toe to front, Point L toe to L side  
7&8      Step LF back, Step RF next to LF, Step LF forward

## Section 4: Right Touch, Shuffle Quarter Left. Walk, Walk, Out, Out.

1,2      Step RF to R Side, Touch LF next to RF  
3&4      Step LF to L side turning 1/8th left (to 7:30), Step RF next to LF, Step LF to L side turning  
1/8th left (to 6:00)  
5,6      Walk RF forward, Walk LF forward  
7,8      Step RF out to R diag., Step LF out to L diag.

dianne.borg@bigpond.com  
matthewcoleman@y7mail.com