Jump on

級數: Phrased High Beginner

拍數: 80

編舞者: Romana Ronacher (AUT) - April 2022

牆數:1

音樂: Bandwagon - Kellie Coffey

Intro: 32 Counts - Sequence: AB, AB, A, TAG, B&, A, A

PartA:

(1) Heel hock, heel flick, triple forward, heel hock, heel flick, tripple forward	
1&2&	R Heel fwd tip, RF cross over L shin, R Heel fwd tip, RF r flick 12:00
3&4	RF step fwd, LF next to RF, RF step fwd
5&6&	L Heel fwd tip, LF cross over R shin, L Heel fwd tip, LF f flick
7&8	LF step fwd, RF nex to LF, LF step fwd
· · ·	n I, triple forward, full turn, stomp, stomp
1-2	RF step fwd, ½ turn over I and weight on LF 6:00
3&4	RF step fwd, LF next to RF, RF step fwd
5-6	LF ½ turn over r, RF ½ turn over r 6:00
7-8	LF stomp next to RF, RF stomp nex to LF weight on LF
(3) Heel hock, heel flick, triple forward, heel hock, heel flick, triple forward	
1&2&	R Heel fwd tip, RF cross over L shin, R Heel fwd tip, RF r flick 6:00
3&4	RF step fwd, LF next to RF, RF step fwd
5&6&	L Heel fwd tip, LF cross over R shin, L Heel fwd tip, LF f flick
7&8	LF step fwd, RF nex to LF, LF step fwd
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(4) Step ½ turr	n I, triple forward, full turn r, stomp, stomp
1-2	RF step fwd ½ turn over L, weight on LF 12:00
3&4	RF step fwd, LF next to RF, RF step fwd
5-6	LF ½ turn over r, RF ½ turn over r 12:00
7-8	LF stomp next to RF, RF stomp nex to LF weight on LF
PartB: (1) Triple side r, back rock, triple side l, back rock	
(1) Thple side 1 1&2	-
	Step R to right side, Step L next to R, Step R to right side, 12:00
3-4 5&6	LF step back, Recover onto R Step L to left side. Step B poyt to L. Step L to left side.
	Step L to left side, Step R next to L, Step L to left side,
7-8	RF step back, Recover onto L
(2) Step ½ turn I, step ½ turn I, jazzbox	
1-2	RF step fwd ½ turn over L, weight on LF 6:00
3-4	RF step fwd 1/2 turn over L, weight on LF 12:00
5-6	Cross RF over LF, step LF back
7-8	RF step right, LF step next to RF (weight on LF)
(2) Triple side a bask reak, stap slide I (banda from a svarta I), kisk ball shan re	
• • •	r, back rock, step slide I (hands from r over to I), kick ball change
1&2	Step R to right side, Step L next to R, Step R to right side, 12:00
3-4	LF step back, Recover onto R
5-6	LF big step to left, RF slide to LF (hands from r over to l)
7&8	RF Kick right forward, RF step right together, LF step left in place
(4) Triple side r, back rock, step slide I (hands from r over to I), kick ball change	
1&2	Step R to right side, Step L next to R, Step R to right side,





- 3-4 LF step back, Recover onto R
- 5-6 LF big step to left, RF slide to LF
- 7&8 RF Kick right forward, RF step right together, LF step left in place

B& dance Section 3 & 4 go on with Section 5

(5) Triple forward, step $\frac{1}{2}$ turn r, triple forward, full turn

- 1&2 RF step fwd, LF nex to RF, RF step fwd 12:00
- 3-4 LF step fwd ½ turn over R, weight on RF 6:00
- 5&6 LF step fwd, RF nex to LF, LF step fwd
- 7-8 RF ½ turn over L, LF ½ turn over L

(6) Jazzbox ¼ r, Jazzbox ¼ r

- 1-2 Cross RF over LF, step LF back
- 3-4 RF step ¼ right, LF step next to RF 9:00
- 5-6 Cross RF over LF, step LF back
- 7-8 RF step ¼ right, LF step next to RF 12:00

(7) Triple side r, back rock, triple side I, back rock

- 1&2 Step R to right side, Step L next to R, Step R to right side, 12:00
- 3-4 LF step back, Recover onto R
- 5&6 Step L to left side, Step R next to L, Step L to left side,
- 7-8 RF step back, Recover onto L

TAG: Heel & toe & toe & heel, heel & toe & toe & heel

- 1&2& R Heel fwd, RF next to LF, L toe next to RF, LF next to RF 12:00
- 3&4& R toe next to LF, RF next to LF, L heel fwd, LF next to RF
- 5&6& R heel fwd, RF next to LF, L toe next to RF, LF next to RF
- 7&8& R toe next to LF, RF next to LF, L heel fwd, LF next to RF

PartB&: Section 3 & 4 a second time go on with Section 5 shuffel fwd.