Warm



拍數: 48

級數: Improver

牆數: 4 編舞者: Elisabeth Elkuch-Heid (CH/LIE) - 1 May 2022

音樂: Warm - Moncrieff: (Improver)

[1-8] R Side Rock Recover, Behind Side Cross, L Side Rock Recover, Behind Side Step

- 1,2 Step R to R side, Recover L
- 3&4 Step R behind L, Step L to L, Step R over L
- Step L to L side, Recover R 5.6
- Step L behind R, Step R slightly to R, Step L Fwd 7&8

[9-16] Step R Fwd, 1/2 Turn L & Hook L over R, Step L Fwd & Flick R Behind, Walk R-L, Shuffle Fwd R

- 1,2 Step R Fwd, 1/2 Turn L & Hook L over R
- 3,4 Step L Fwd, Flick R behind L
- Walk Fwd R, L 5,6

[7&8] Step R Fwd, Step L next to R, Step R Fwd

- 17-24 Step Turn Step, Hold, Step Turn Step, Hold
- 1-4 Step L Fwd, 1/2 Turn R, Step L Fwd, hold
- Step R Fwd, 1/2 Turn L, Step R Fwd, hold 5-8

[25-32] Rock Fwd L Recover R, Sailor Step 1/2 Turn L, Side Rock R, Recover L, Together, Side Rock L to L Recover R, Step L next to R

- 1,2 Step L Fwd, Recover R
- 3&4 Sailor Step 1/2 Turn L
- Step R to R, Recover L, Step R next to L 5.6&
- Step L to L, Recover R, Step L next to R 7.8&

Restart here during wall 3 (6), wall 5 (3)

[33-40] 1/4 Turn R with R Fwd, 1/4 Turn R with L Side, 1/4 Turn R with R Back, Touch L Fwd, 1/4 Turn L with L Fwd, 1/4 Turn L with R Back, 1/4 Turn L with L Side, Touch R

- 1/4 Turn R with R Fwd, 1/4 Turn R with L Side 1.2
- 1/4 Turn R with R Back, Touch L Fwd 3,4
- 1/4 Turn L with L Fwd. 1/4 Turn L with R Back 5.6
- 7.8 1/4 Turn L with L side. Touch R besides L

[41-48] 1/4 Turn L with R to R, Drag L to R, Rock Back L Recover R, Step L to L, Rock Back Recover, Kick **Ball Change**

- 1,2 1/4 Turn L with R to R, Drag L to R
- 3&4 Rock Back L, Recover R, Step L to L
- Restart here during wall 1 (9)
- 5.6 Rock Back R, Recover L
- 7&8 Kick R Fwd, Step Ball on R, Recover L

Ending after wall 6 Repeat the counts 33-36 and add a long step R to R side (12)

www.rheinvalley.li Liechtenstein & Switzerland

