No Reason

拍數: 48

級數: Intermediate

編舞者: Dan Morrison (CAN) - May 2022

音樂: It's Workin' - Carvin Walls

Intro: 16 Counts, Start just before Lyrics

RESTARTS: During Walls 2 &4, Dance the first 40 Counts, then start again.

Side, Behind, Ball-Cross, Step, Rock-Recover, Kick-Ball-Cross

- 1-2 Step R side R (1) Step L behind R (2)
- &3-4 Step R back (&) Step L over R (3) Step R side R (4)
- 5-6 Step L back (5) Recover onto R (6)
- 7&8 Kick L forward (7) Step L back (&) Step R over L (8)

Side, Behind, Ball-Cross, Step, 1/4 Sailor, Cross, Side

- 1-2 Step L side L (1) Step R behind L (2)
- &3-4 Step L back (&) Step R over L (3) Step L side L (4)
- 5&6 Step R behind L (5) 1/4 turn R, Step L beside R (&) Step R side R (6)
- 7-8 Step L over R (7) Step R side R (8)

Sailor, Cross, Side, Heel-Jack, Step, Point

- Step L behind R (1) Step R beside L (&) Step L side L (2) 1&2
- 3-4 Step R over L (3) Step L side L (4)
- 5&6 Step R behind L (5) Step L back (&) Touch R forward (6)
- &7-8 Step R back (&) Step L forward (7) Point R side R (8)

Step, Point, Step, Point, Sailor, 1/4 Sailor

- 1-2 Step R forward (1) Point L side L (2)
- 3-4 Step L forward (3) Point R side R (4)
- 5&6 Step R behind L (5) Step L beside R (&) Step R side R (6)
- 7&8 Step L behind R (7) 1/4 turn L, Step R beside L (&) Step L forward (8)

Step, Lock, Shuffle, 1/2 Pivot, Shuffle

- 1-2 Step R forward (1) Step L behind R (2)
- 3&4 Step R forward (3) Step L beside R (&) Step R forward (4)
- 5-6 Step L forward (5) 1/2 Pivot R, wt on R (6)
- 7&8 Step L forward (7) Step R beside L (&) Step L forward (8)

RESTARTS: During Walls 2 &4

Rock, Recover, Coaster-Cross, Rock-Recover, Cross-Shuffle

- 1-2 Step R forward (1) Recover onto L (2)
- 3&4 Step R back (3) Step L beside R (&) Step R over L (4)
- 5-6 Step L side L (5) Recover onto R (6)
- 7&8 Step L over R (7) Step R side R (&) Step L over R (8)

HAVE FUN AND ENJOY





牆數:2