So Many Years (這麼多年) Zhe Me Duo Nian

拍數: 48 牆數: 4

級數: Intermediate

編舞者: Heru Tian (INA) - June 2022

音樂: Zhe Me Duo Nian (這麼多年) - Wang Zifei (王紫菲)

Intro: 24 C - No Tag, No Restart

SECTION 1 : L ½ TURN L BASIC WALTZ - R BASIC WALTZ BACKWARD

- 123 Step Lf fwd (1), ½ turn L, Step Rf back (2), Step Lf Next to Rf (3) facing 6.00
- 456 Step Rf back (4), Step Lf Next to Rf (5), Step Rf in place (6)

SECTION 2 : L, R TWINKLE STEP

- 123 Cross Lf over Rf (1), Step Rf to Side (2), Step Lf in place (3)
- 456 Cross Rf over Lf (1), Step Lf to Side (2), Step Rf in place (3)

SECTION 3 : LRL WEAVE TO R - UNWIND FULL TURN R- R SWEEP - HOLD

- 123 Cross Lf behind Rf (1), Step Rf to Side (2), Cross Lf over Rf (3)
- 456 Make full turn unwind to R (4), Keep weight on Lf, Sweep Rf front to back (5), Hold (6)

SECTION 4 : RLR WEAVE TO L - L BIG STEP SIDE- R DRAG - R TOUCH

- 123 Cross Rf behind Lf (1), Step Lf to Side (2), Cross Rf over Lf (3)
- 456 Big step Lf to Side (4), Drag Rf toe towards Lf (5), Touch Rf toe next to Lf (6)

SECTION 5: ¼ TURN L MODIFIED DIAMOND STEP

- 123 Step Rf to Side (1), Cross Lf over Rf (2), 1/8 turn L, Step Rf to Side (3)
- 456 Step Lf back (4), Step Rf behind Lf (5), 1/8 turn L, Step Lf to Side (6) facing 3.00

SECTION 6 : R 1/8 TURN L ROCK FWD- R TOGETHER - L ROCK FWD- L TOGETHER

- 123 1/8 turn L, Rock Rf fwd (1), Recover on Lf (2), Step Rf next to Lf (3) facing 1.30
- 456 Rock Lf fwd (4), Recover on Rf (5), Step Lf Next to Rf (6)

SECTION 7 : R PIVOT ½ TURN L - R FWD- 5/8 TURN R- L CROSS

Step Rf fwd (1), Pivot ½ turn L, Step Lf in place (2), Step Rf fwd (3) facing 7.30
3/8 Turn R, Step Lf back (4) facing 12.00, ¼ turn R, Step Rf to Side (5), Cross Lf over Rf (6) facing 3.00

SECTION 8 : R SIDE POINT - HOLD- R BACK- L SIDE POINT - HOLD

- 123 Point Rf to Side (1), Hold (2,3)
- & Step Rf back (&)
- 456 Point Lf to Side (4), Hold (5,6)

Start again ..

Contact: Herutian79@gmail.com



COPPERKKO