

# One Day 2-Night

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Sue Kaupelis (USA) - June 2022  
音樂: One Day Tonight - Noah Thompson : (Single - iTunes)



Intro: 16 counts – start on the word “sip”

Restart on wall 3

## S1: Side together, forward triple, Step ½ turn X2

1 2              Step R to right Side, Step L next to R  
3&4              Triple forward R L R  
5 6              Step L forward, Pivot ½ turn R ending with weight on R  
7 8              Step L forward, Pivot ½ turn R ending with weight on R

Non turning option: can substitute a Left rocking chair for 5-8

## S2: Side together, back triple, Reverse rocking chair

1 2              Step L to left Side, Step R next to L  
3&4              Triple back L R L  
5 6              Rock back on R, recover forward on L  
7 8              Rock forward on R, recover back on L

## S3: Step touch x2, Walk Back 3 steps with a 1/4 turn, touch

1 2              Step R to R side, Touch L next to R  
3 4              Step L to L side, Touch R next to L  
5 6              Walk back R, L  
7 8              Step R turning ¼ turn R Touch L next to R (3:00)

RESTART here on wall 3 – change count 8 to a step and Restart

## S4: Step L, hold, quickly step R next to L, Step Touch, sways

1 2              Step L to L side, Hold  
&3 4              Step R next to L on &, Step L to L side, touch R  
5 – 8              Sway or bump hips R, L, R, L

Start Over

Thanks to Joan Antonik for inspiring me to do this and suggesting the music.