

Voices

拍數: 160 牆數: 1 級數: Phrased Advanced Hip Hop
編舞者: Jason Turner (USA) & Laura Gordon (USA) - June 2022
音樂: Voices - Hidden Citizens & Vanessa Campagna



Sequence: ABC* ABC AC

#32 ct Intro. 1 Restart.

Part A: 64 counts - Start facing 10:30

[1-8]: Step, Lock, Step, Step, Lock, Step, Hitch x2

1 2 3 Step R to R diagonal making 1/8 turn R (1), Lock L behind R (2) Step R to R diagonal (3)
(12:00)
4 5 6 Step L to L diagonal (4) Lock R behind L (5), Step fwd on L (6)
7 8 Hitch R knee to the front (7), Hitch R knee to the front (8)

[9-16]: Step, Flick, ¼ Turn, Flick, ¼ Turn Grapevine

1 2 Step R to R side (1), Flick L behind R (2)
3 4 Step L to L side making ¼ turn R (3), Flick R behind L (4) (3:00)
5 6 7 8 Step R to R side (5), Step L behind R (6) Step R fwd making ¼ turn R (7), Step L fwd (8)
(6:00)

[17-24]: Out, Out, Body Roll, Knee Dip, Swivel, Hitch

1 2 Step R to R side (1), Step L to L side (2)
3 4 Roll your body fwd starting with your chest into a squat position (3 4)
5 6 Swivel R heel to R side (5), Swivel R heel to L side (6)
7 8 Swivel both heels to R side (7), Swivel both heels to L making ¼ turn R hitching R knee (8)

[25-32]: R Pony Back, L Pony Back, Walk Back RL, ¼ Turn Out Out

1 & 2 Step R back hitching L knee (1), Step L next to R (&), Step R back hitching L knee (2)
3 & 4 Step L back hitching R knee (3), Step R next to L (&), Step L back hitching R knee (4)
5 6 7 8 Step R back (5), Step L back (6) Step R to Ride making ¼ turn R (7), Step L to L side (8)

[33-40]: R Skate, L Skate, Back Rock, Hop x2, Slide R

1 2 Skate R to R diagonal (1), Skate L to L diagonal (2)
3 & 4 Step R behind L (3), Recover weight to L (&), Step R next to L (4)
5 6 7 8 Hop in place twice (5) Step R to R side (7), Drag L towards R (8)

[41-48]: L Skate, R Skate, Back Rock, Hop x2, Slide L

1 2 Skate L to L diagonal (1), Skate R to R diagonal (2)
3 & 4 Step L behind R (3), Recover weight to R (&), Step L next to R (4)
5 6 7 8 Hop in place twice (5) Step L to L side (7), Drag R towards L (8)

[49-56]: L Side Weaver, Cross Rock, Out, Out

1 2 3 4 Cross R over L (1), Step L to L side (2) Cross R behind L (3), Step L to L side (4)
5 6 7 8 Step R across L (5), Recover weight to L (6) Step R to R side (7), Step L to L side (8)

[57-64]: Downward Z, Heel, Toe, Heel, Hold

1 2 Push L upper body to L (1), Push R upper body to R (2)
3 4 Push L upper body downwards to L (3), Push R upper body downwards to R (4)
5 6 7 8 Walk both heels inwards as you raise your upper body up (5), Walk both toes inwards (6)
Walk both heels inwards (7), Hold (8)

Part B: 32cts

[1-8]: Tutting

- 1 L arm parallel to the ground touching R hand. R hand balled into a fist pointing index finger upwards
- 2 Close R hand on top of L bringing R arm parallel to the ground
- 3 Push both arms straight fwd parallel to the ground – R on top of L
- 4 Bring both palms together up to R ear – Back of L touching R ear
- 5 Push both arms straight fwd, parallel to the ground – Palms touching
- 6 Keeping arms parallel to the ground, bring L palm on top of R
- 7 Roll R under L
- 8 Slide R upwards pointing index upward

[9-16]: R Fwd Press, L Fwd Press, L Back, R Back

- 1 2 & Press R fwd (1), Recover weight to L (2), Step R next to L (&)
- 3 4 Press L fwd (3), Recover weight to R (4)
- 5 6 7 8 Step L back (5), Hitch R knee (6) Step R back (7), Hitch L knee (8)

[17-24]: L Side Rock, R Side Rock, ½ Turn Hitch, ½ Turn Hitch

- 1 2 & Step L to L side (1), Recover weight to R (2), Step L next to R (&)
- 3 4 Step R to R side (3), Recover weight to L (4)
- 5 6 Step R fwd (5), ½ turn over L shoulder hitching L knee (6)
- 7 8 Step L fwd making ½ turn over L shoulder (7), Hitch R knee (8)

[25-32]: R Fwd Rock, R Back Step, L Back Rock, L Fwd Step, R Fwd Drag

- 1 2 3 4 Step R fwd (1), Recover weight to L (2) Step R back (3), Hitch L knee (4)
- 5 6 7 8 Step L back (5), Recover weight to R (6) Step L fwd (7), Drag R towards L (8)

Part C: 64 cts**[1-8]: Step Touch, Step Touch, Point Touch, Step Touch**

- 1 2 3 4 Step R fwd on R diagonal (1), touch L next to R (2) Step L fwd on L diagonal (3), touch R next to L (4)
- 5 6 7 8 Touch R toe fwd (5), touch R next to L (6) Step R fwd on R diagonal (7), drag L next to R (8)

[9-16]: Heel Touches x 2, Slide Touch, Hold, Hitch

- 1 2 Touch L heel fwd pointing toes and R knee out to R (1), step L together (2)
- 3 4 Touch R heel fwd pointing toes and L knee out to L (3), step R together (4)
- 5 6 7 8 Big step L on L (5), drag R next to L (6) Hold (7) Slight hitch R knee (8)

****Styling: With both palms facing inward and near your face, lift both hands up towards the sky (7) (8)**

[17-24]: Step Point x 2, Hitch Step x 2

- 1 2 3 4 Step fwd on R (1), point L to L (2) Step fwd on L (3), point R to R (4)
- 5 6 7 8 Hitch R knee (5), step down on R (6) Hitch L knee (7), step down on L (8)

****Styling: With palms parallel to the floor, lift palms up with hitched knee and lower palms when stepping down (5,6,7,8)**

[25-32]: Toe-Heel x 2, Out-Out, Flick

- 1 2 3 4 Swivel L toe to R (1), swivel L heel to R (2) Swivel R toe to R (3), swivel R heel to R (4)
- & 5 6 Step out to L on L turning 1/8 turn L (&), step out to R on R (5), flick L behind R (6)
- 7 8 Step down on L (7), hold (8)

****Styling: Cross hands in front of body looking down (7), look fwd towards 12:00**

****** Restart happens here on the first time you do C. Facing 12:00 do the first 32 counts and then begin A.**

[33-40]: Step Hitch, Step Hitch, Press, Recover, Step Touch

- 1 2 3 4 Step back on R (1), hitch L knee (2) Step back on L (3), hitch R knee (4)
- 5 6 7 8 Press fwd on R (5), recover weight on L (6) Step R fwd on R diagonal (7), drag L next to R (8)

[41-48]: Heel Touches x 2, Slide Touch, Hold, Hitch

1 2 Touch L heel fwd pointing toes and R knee out to R (1), step L together (2)

3 4 Touch R heel fwd pointing toes and L knee out to L (3), step R together (4)

5 6 7 8 Big step L on L (5), drag R next to L (6) Hold (7) Slight hitch R knee (8)

****Styling: With both palms facing inward and near your face, lift both hands up towards the sky (7) (8)**

[49-56]: Step Point x 2, Hitch Step x 2

1 2 3 4 Step fwd on R (1), point L to L (2) Step fwd on L (3), Point R to R (4)

5 6 7 8 Hitch R knee (5), step down on R (6) Hitch L knee (7), step down on L (8)

****Styling: With palms parallel to the floor, lift palms up with hitched knee and lower palms when stepping down (5,6,7,8)**

[57-64]: Toe-Heel x 2, Out-Out, Flick

1 2 3 4 Swivel L toe to R (1), swivel L heel to R (2) Swivel R toe to R (3), swivel R heel to R (4)

& 5 6 Step out to L on L turning 1/8 turn L (&), step out to R on R (5), flick L behind R (6)

7 8 Step down on L (7), hold (8)

****Styling: Cross hands in front of body looking down (7), look fwd towards 12:00**

Last Update: 9 Feb 2023
