

# Flip It

**COPPER KNOB**  
STEPPSHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - June 2022  
音樂: She Had Me At Heads Carolina - Cole Swindell



Start after 16 count intro on verse vocals – approx. 12 secs – 135bpm – 3mins 26secs  
Music Available: Amazon

**[1-8] R fwd diagonal: step R to R diagonal, lock step L behind R, step R forward, brush L fwd, L fwd diagonal: step L to L diagonal, lock step R behind L, step L forward, brush R fwd**

1-4              On right diagonal step R forward, lock L behind R, step R forward, brush L fwd  
5-8              On left diagonal step L forward, lock R behind L, step L forward, brush R fwd

**[9-16] R fwd rock/recover, R strut back, walk back L, R, L, touch R next to L**

1-2              Squaring up to wall: rock R forward, recover weight on L  
3-4              Touch R toes back, step R heel down  
5-8              Step L back, step R back, step L back, touch R next to L

**[17-24] Grapevine R with back flick, grapevine L with ¼ L, R hitch**

1-4              Step R side, cross step L behind R, step R side, flick L behind R  
5-8              Step L side, cross step R behind L, turning ¼ left step L forward, hitch R knee up (9 o'clock)

**[25-32] Walk back R, L, R, L, R rock back/recover, stomp R forward, stomp L together**

1-4              Step R back, step L back, step R back, step L back  
5-8              Rock R back, recover weight on L, stomp R forward, stomp L together

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