California Dreamin'

級數: Beginner

編舞者: S.M. Fulton (USA) - June 2022

音樂: California Dreamin' - The Mamas & The Papas

Start on the word "brown"

拍數: 32

Alternate music:

Billie Jean, Michael Jackson – 56-count intro (start on vocals) The Best – Edit, Tina Turner – 16-count intro Edamame (clean version), bbno\$ & Rich Brian - 8-count intro Drop It to the Floor (feat. Nuz Ngatai), Fletcher Kirkman – 32-count intro and many many more

Section 1: Walk x 3, touch, walk back x 3, touch

- 1 2 3 4 Walk forward right, left, right; touch left next to right foot
- 5 6 7 8 Walk back left, right, left; touch right next to left foot

Section 2: Grapevine to the right, 4 sways

- 1 2 3 4 Step right to side, left behind, step right, touch left next to right
- 5 6 7 8 Sway left, right, left, right, shifting weight each time

Section 3: Vine to left with quarter turn, 4 sways

- 1 2 3 4 Step left to side, right behind, step left turning a quarter (9:00), touch R next to L
- 5 6 7 8 Sway right, left, right, left, shifting weight each time

Section 4: Heel-step x 2, quarter pivot with touch and hold

- 1 2 3 4 Right heel forward, step back next to L; left heel forward, step back next to R
- 5 6 7 8 Step right foot forward, pivot a quarter (6:00), touch R next to L, hold

VARIATIONS:

Section 2 grapevine can be a rolling vine with touch.

Section 2 & 3 sways can be swapped out for double-bumps on each side. (5 & 6, 7 & 8)

Section 4 counts 1-4 can be 4 heel switches: heel-&-heel-&-heel-& (1 & 2 & 3 & 4 &)

ONE-WALL VERSION FOR ABSOLUTE BEGINNERS, with these changes:

Sections 2 & 3: Instead of vines, do side-together-side-touch. Leave out the quarter turn on second vine. Continue with sways.

Section 4: For counts 5-8, instead of quarter pivot, rock out to the R, recover, touch, hold. A clap can be used in place of the hold.

NOTE: The sways in this dance are meant to help beginners get used to changing weight.





牆數

牆數:2