Sad Dream (비몽)

級數: High Beginner



Start the dance on vocal

SECTION 1: (SIDE, TOUCH, LONG STEP TO SIDE, DRAG, TOUCH, TOUCH, LONG STEP TO SIDE, DRAG) WITH HAND STYLING

Step RF to side, touch LF next to RF, long step LF to side, drag RF to LF 1-4 (Hand styling: Pull R hand into the chest in making semicircle from outside to inside on Count 3-4) Touch RF to side, touch RF to LF, long step RF to side, drag LF to RF 5-8 (Hand styling: Push both hands from the chest to outside on Count 7-8)

SECTION 2: (DIAGONAL BACK, TOUCH) X 2, 3 TIMES OF WALKS WHILE 1/4 TURNING TO L, TOUCH

- Step LF to diagonal back, touch RF to LF, step RF to diagonal back, touch LF to RF 1-4
- 5-8 Step LF forward as bend of both knees, 1/8 turn to L stepping RF forward, 1/8 turn to L stepping LF forward, touch RF to LF

(Note: You will gradually stretch both knees on Count 6-7)

SECTION 3: (PRISSY WALK, HOLD) X 2, FORWARD ROCK, RECOVER, LONG STEP TO BACKWARD, HOLD

- 1-4 Cross RF over LF, hold, cross LF over RF, hold
- 5-8 Rock RF forward, recover on LF, long step RF backward, hold

SECTION 4: COASTER STEP, BRUSH, 1/2 TURN TO L WITH PIVOT, 2 TIMES OF FORWARD WALKS

- Step LF backward, closed Rf to LF, step LF forward, brush RF 1-4
- 5-8 Step Rf forward, 1/2 turn to L changing weight on LF, step RF forward, step LF forward

NO TAG, NO RESTART

CONTACT

E-mail: chrisjj0618@yahoo.com https://www.facebook.com/christina.yang.148553 https://www.voutube.com/c/ChristinaYangLinedance https://www.instagram.com/christinayanglinedance





牆數:4