A Father's Poem (爸爸写的散文诗)



拍數: 32 牆數: 4 級數: High Improver

編舞者: Diana Liang (CN) - June 2022

音樂: A Father's Poem (父親寫的散文詩) - Li Jian (李健)



Intro: 16

S1 Cross Rock Recover Side, Forward, 1/2R, Spiral L, Forward, 1/4L Rock Recover, Drag

1-2& Cross Rf over Lf, recover to Lf, step Rf to R side

3-4 Point Lf forward, turn 1/2 to R transferring weight onto Lf in place, 6H
5-6 Transfer weigh to Rf turning full spiral to L, 6H, step Lf forward

7-8& turn 1/4 to L rocking Rf to R side, 3H, recover to Lf, drag Rf towards Lf

S2 = S1, at the end of S2 facing 6H

S3 Lock Forward, 1/2R Shuffle Back, Coaster, Lock Forward

1&2 Step Rf forward, lock Lf behind Rf, step Rf forward

3&4 Turn 1/4 to R stepping Lf to L side, 9H, step Rf next to Lf, turn 1/4 to R stepping Lf back, 12H

5&6 Step Rf back, step Lf next to Rf, step Rf forward7&8 Step Lf forward, lock Rf behind Lf, step Lf forward

Restart Here during W7

S4 Syncopated Rumba, Forward, Tap, 1/4L sway to L, sway RL

1&2 Step Rf to R side, step Lf next to Rf, step Rf back3&4 Step Lf to L side, step Rf next to Lf, step Lf forward

5&6 Step Rf forward, tap Lf behind Rf, turn 1/4 to L stepping Lf to L side with a sway to L, 9H

7-8& sway to R, sway to L, drag Rf towards Lf

Tag at the end of W3/W8: RL Cross Rock Recover Side

1-2& cross Rf over Lf, recover to Lf, step Rf to R side3-4& cross Lf over Rf, recover to Rf, step Lf to L side

Thanks and happy dancing!

Contact: procankm@hotmail.com