Cinderella



拍數: 32 牆數: 4 級數: Beginner

編舞者: Diana Oglesby (USA) - June 2022

音樂: Cinderella - Matt Cooper



Intro: 16 Counts. Start with weight on L

*2 Tags - 16 counts after wall 2 and 5

**1 Restart during wall 4 after 8 counts, facing 3:00, with step change. See instructions, below.

S1 (1-8) TOE-HEEL STRUTS R-L, ROCK R SIDE, RECOVER, R CROSS, HOLD

1-4 Step R toe forward (front of L) (1), step R heel down (2), step L toe forward (front of R) (3),

step L heel down (4)

5-6 Rock R side (5), recover to L (6)

7-8 Cross R over (7) hold (8)

S2 (9-16) BIG STEP L, HOLD, R BEHIND, L IN PLACE, BIG STEP R, HOLD, L BEHIND, R IN PLACE

1-2 Big step L side (1), hold (2) (R foot remains extended to R)

3&4 Step R behind (3), step L in place (4)

5-6 Big step R side (5), hold (6) (L foot remains extended to L)

7&8 Step L behind (7), step R in place (8)

S3 (17-24) L FWD, R IN PLACE, L TOGETHER, HOLD, R BACK, L IN PLACE, R TOGETHER, HOLD

1-4 Step L forward (1), step R in place (2), step L together (3), hold (4) 5-8 Step R back (5), step L in place (6), touch R together (7), hold (8)

S4 (25-32) SKATE DIAGONALLY FWD, TOUCH, SKATE L AND TURN 1/4 L, HOLD, OUT-OUT, IN-IN

1-2 Skate R diagonally forward (1), touch L together (2)

3-4 Skate L and turn ¼ L (3), hold (4) (9:00)
 5-6 Step R foot out (5), Step L foot out (6)
 7-8 Step R foot in (7), Step L foot in (8)

REPEAT

**2 Tags: after walls 2 and 5

Tags are 16 counts each:

Step R side (1), step L in place (2), cross R over (3), hold (4)
Step L side (5), step R in place (6), cross L over (7), hold (8)
Step R back (9), step L back (10), touch R forward (11), hold (12)

13-16 Step R forward and turn ½ L (13), shift weight to L (14), step R forward and turn ½ L (15),

shift weight to L (16)

RESTART during wall 4 after 8 counts, facing 3:00, with step change. In section 1 step 7, touch R together instead of cross, to prepare your foot to restart.

Ending – The dance ends on wall 10, facing 9:00. In order to finish facing 12:00, in section 4, steps 5-8, do steps 5 and 6 as written, then turn ¼ R and step R in (7) touch L in (8)

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^{**}Restart here on wall 4