If I Only Had Time



拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Marchy Susilani (HK) - June 2022 音樂: If I Only Had Time - Andy Tielman



Intro: 32C

8&.

S1. WALK FWD R/L/R WITH SWEEP, FWD MAMBO, WALK BWD R/L WITH SWEEP, ROCK BACK - RECOVER

123. Walk forward R/L/R sweeping back to front
4&5. Rock LF fwd, Recover on RF, Step LF back
67. Walk bwd R/L sweeping Front to Back

Rock RF back, Recover on LF

S2. FORWARD, MAMBO CROSS (LEFT/RIGTH), TURN 1/4R. BACK, R SIDE, CROSS. (03.00)

1. Step RF fwd

2&3. Rock LF to L, Recover on RF, Cross LF over RF4&5. Rock RF to R, Recover on LF, Cross RF over LF

678. Turn ¼R. Step LF back, Step RF to R, Cross LF over RF

RESTART ON HERE: Wall 4 (06.00)

S3. BASIC NC (R/L), FORWARD - TOUCH, BACK LOCK SHUFFLE

Step RF to R, Cross LF behind slightly RF, Recover on RFStep LF to L, Cross RF behind slightly LF, Recover on LF

56. Step RF fwd, Touch LF behind RF

7&8. Step LF back, Lock RF over LF, Step LF back

S4. ROCK BACK - RECOVER, FWD LOCK SHUFFLE, ROCK FWD - RECOVER, TURN ½L. FWD SHUFFLE (. 09.00)

12. Rock RF back, Recover on LF

3&4. Step RF fwd, Lock LF behind RF, Step RF fwd

56. Rock LF fwd, Recover on RF

7&8. Turn ½L. Step LF fwd, Lock RF behind LF, Step LF fwd

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NOTE: https://youtu.be/S9UZP-90sEU. (Video Demo)

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