Hard Working Man

拍數: 32

級數: Absolute Beginner

編舞者: Amy Christian (USA) - June 2022

音樂: Hard Workin' Man - Brooks & Dunn

Intro: 32 counts (Start on the lyrics "Man".)

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH,

- Walk forward R-L-R, Kick L forward, 1-4
- 5-8 Go backwards L-R-L, Touch R next to L,

STOMP OUT, HOLD, HOLD, HOLD, SWIVEL HEEL-TOE-HEEL-TOE,

- 1 Stomp R out to right side as you LOOK DOWN and R hand pretends to hold brim of hat,
- 2-4 Hold for 3 counts,
- 5-8 Still looking down, Swivel to right side Heels-Toes-Heels-Toes,

(*Restart happens here on Wall 4)

BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH. (WITH CLAPS),

- Look up, as you Step R back, Touch L next to R (Clap), Step L back, Touch R next to L 1-4 (Clap),
- 5-8 Step R back, Touch L next to R (Clap), Step L back, Touch R next to L (Clap),

VINE R WITH SCUFF, VINE ¼ L WITH SCUFF,

- 1-4 Step R to side, Step L behind R, Step R to side, Scuff L next to R,
- Step L to left side, Step R behind L, 1/4 turn left Stepping L forward, Scuff R next to L, [9:00] 5-8

START OVER!

*RESTART happens once on Wall 4 [facing 3:00]. Dance 16 counts and start over!

Email: amyc@linefusiondance.com





牆數: 4