Hallucination

級數: Beginner

編舞者: Georgie Mygrant (USA) - June 2022

音樂: Hallucination - Regard & Years & Years

牆數: 4

Intro 16 Counts. 1 Tag at end of wall 7 for 16 counts

Vines R/L, 1/2 Turn, Vine R/L

- 1-8 Step R, L behind R, Step R, touch L, Step L, R behind L, Step L, turning ½ L on L, Touch R
- 1-8 Step R, L behind R, Step R, touch L, Step L, R behind L, Step L, touch R

Toe/Heel R/L Fwd. Rocking Chair

- 1-4 Step R toe fwd. Drop R Heel, Step L toe fwd. Drop L heel,
- 5-8 Step R fwd. Rock back on L, Rock back on R, return fwd. on L

Toe/Heel R/L Back, Jazz Box Turning ¼ R

- 1-4 Step R back, Drop R Heel, Step toe L back, drop L heel
- 5-8 Step R over L, Step back on L turning ¼ R, Step on R, Step on L

Tag at end of wall 7. Do Box Step Back, then Fwd. for 16 counts total (you will be facing the back wall)

- 1-4 Step R to R side, Step on L to R, Step R back, Touch L to R,
- 5-8 Step L to L side, Step R to L, Step L fwd. Touch R to L
- 1-4 Step R to R side, Step L to R, Step R fwd. Touch L to R
- 5-8 Step L to L side, Step R to L, Step L back, Touch R to L

That's it! A fun easy routine for all beginners. I hope you like it. After all, my goal in doing this is to make beginners enjoy learning line dancing. The hardest part of this routine for them is probably the ½ turn and Jazz Box ¼ turn. But they need to know these moves for later. Let me know if you like it. Georgie Please do not alter routine without my permission. Thanks mygeo@adamswells.com





拍數: 32