Don't You Worry



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Alan Birchall (UK) & Jacqui Jax (UK) - July 2022

音樂: DON'T YOU WORRY - Black Eyed Peas, Shakira & David Guetta



Released at Our Annual 'Inn On The Prom' Dance Weekend

Start: On The Word 'WORRY' Seconds: 18 Counts: 40 BPM: 132

DIAGONAL KICKS X2, BEHIND, SIDE, CROSS, WEAVE

1-2	Kick Right To Right Diagonal, Kick Right To Right Diagonal
3&4	Cross Right Behind Left, Step Left To Left, Cross Right Over Left
5-6	Step Left To Left, Cross Right Behind Left
7-8	Step Left To Left, Cross Right Over Left,

1/4 ROCK RECOVER, FORWARD SHUFFLE, FULL TURN LEFT, FORWARD SHUFFLE

9-10	Rock Left To Left, Making A 1/4 Turn Right Recover On Right 03:00
11&12	Step Forward On Left, Step Right By Left, Step Forward On Left
13-14	Make A ½ Turn Left Stepping Back On Right, Make A ½ Left Stepping Forward On Left
15&16	Step Forward On Right, Step Left By Right, Step Forward On Right

REVERSE '1/2' DIAMOND TURN 'LEFT'

17-18	On A Slight Diagonal Left Slide Left Forward Stepping On Left, Slide & Touch Right By Left 01:30
19-20	On A Slight Diagonal Left Slide Right To Right Stepping On Right, Slide & Touch Left By Right 12:00
21-22	On A Slight Diagonal Left Slide Left To Left Stepping On Left, Slide & Touch Right By Left 10:30
23-24	On A Slight Diagonal Left Slide Right To Right Stepping On Right, Touch Left By Right 09:00

TOE & HEEL SWITCHES, SAILOR STEP, CROSS BEHIND, UNWIND

25&26&	Touch Left To Left, Step Left By Right, Touch Right Heel Forward, Step Right By left
27&28	Touch Left Heel Forward, Step Left By Right, Touch Right To Right
29&30	Cross Right Behind Left, Step Left To Left, Step Right In Place
31-32	Cross Left Behind Right, Unwind 1/2 Turn Left 03:00

ROCK, RECOVER, HOP BACK & 'BOUNCE' X 2 ('PONY' STEPS) ROCK RECOVER

33-34	Rock Forward On Right, Recover On Left
&35&36	Small Hop Back On Right, Keeping Left Knee Slightly Raised - Bounce Twice On Balls Of Both Feet
&37&38	Small Hop Back On Left, Keeping Right Knee Slightly Raised - Bounce Twice On The Balls Of Both Feet
39-40	Rock Back On Right Recover On Left

TOUCH BALL STEP X2, OUT, OUT, IN, IN ('V' STEP)

41&42	Touch Right To Right Diagonal, Ball Step Right By Left, Step Slightly Forward On Left 04:30
43&44	Touch Right To Right Diagonal, Ball Step Right By Left, Step Slightly Forward On Left 04:30
45-46	Step Diagonally Forward On Right, Step Left To Left (Straightening Up To '3' 0 Clock Wall) 03:00
47-48	Step Back On Right, Step Left By Right 03:00

CROSS, SIDE, SAILOR STEP, CROSS, 1/4 TURN, 1/2 TRIPLE TURN

49-50 Cross Right Over Left, Step Left To Left

51&52	Cross Right Behind Left, Step Left To Left, Step Right In Place
53-54	Cross Left Over Right, Make A ¼ Turn Left Stepping Back On Right 12:00
55&56	Make A ½ Triple Turn Left Stepping Left, Right, Left 06:00

ROCK, RECOVER, JAZZ JUMP BACK, HOLD, TOE TOUCHES FRONT, SIDE, & SIDE, CROSS

57-58	Rock Forward On Right, Recover On Left
&59-60	Small Jump Back Landing Right, Left, HOLD
61-62	Touch Right Toe Forward, Touch Right Toe To Right
&63-64	Step Right By Left, Touch Left To Left, Cross Left Over Right (weight on left)

START AGAIN

Dance Finishes Here On The 6th Wall Facing 12:00 "THUMBS UP"