I Just Called

拍數: 32

級數: Beginner

編舞者: Michael Lynn (UK) - July 2022

音樂: I Just Called - NEIKED, Anne-Marie & Latto

(16 count intro, 140 bpm)

RUMBA BOX

- 1-2 Step right to right side, close left beside right
- 3-4 Step right forward, touch left beside right
- 5-6 Step left to left side, close right beside left
- 7-8 Step left back, touch right beside left

GRAPEVINE, CROSS, TWIST 1/2 TURN

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, cross left over right
- 5-6-7-8 Twist your heels left, right, left, right (while making a 1/2 turn, weight on left) (06:00)

STEP FLICKS x2, STEP TOUCHES x2

- 1-2 Step right in place, as you slide the left foot backwards and flick the left foot up
- 3-4 Step left in place, as you slide the right foot backwards and flick the right foot up

(Best way to describe this motion is like flicking dirt off your shoes)

- 5-6 Step forward right, touch left beside right
- 7-8 Step back left, touch right beside left

HAND BAG x2*, WALK AROUND YOUR HANDBAG

- 1-2 Step right to right side, touch left beside right
- 3-4 Step left to left side, touch right beside left
- 5-6-7-8 Walk around over your right shoulder making a full turn (around your handbag) stepping right, left, right, left

No tags or restarts





牆

牆數:2