

Natural 3

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Natural - BRELAND



Intro: 32 Counts. Start at approx 15 secs.

SEC 1: POINT, POINT SIDE, BALL WALK, WALK, ROCK, $\frac{3}{4}$ SHUFFLE

1-2 Point right forward, point right to right
&3-4 Step right beside left, step left forward, step right forward
5-6 Rock left forward, recover weight onto right
7&8 Turn $\frac{1}{2}$ left step left forward, step right beside left, turn $\frac{1}{4}$ left step left forward (3:00)

SEC 2: HEEL BALL CROSS, HEEL BALL CROSS, SIDE ROCK, WEAVE

1&2 Touch right heel to right diagonal, step right beside left, cross left over right
3&4 Touch right heel to right diagonal, step right beside left, cross left over right

Option On Walls 3, 7 and 9 replace counts 1-4 with the following

1-2 Step right to right, hold
&3-4& Step left beside right, step right to right, hold, step left beside right
5-6 Rock right to right, recover weight onto left
7&8 Step right behind left, step left to left, cross right over left

SEC 3: SIDE, TOGETHER, SHUFFLE, ROCK, COASTER STEP

1-2 Step left to left, step right beside left
3&4 Step left forward, step right beside left, step left forward
5-6 Rock right forward, recover weight onto left
7&8 Step right back, step left beside right, step right forward

SEC 4: ROCK, $\frac{1}{2}$ SHUFFLE, STEP, $\frac{1}{4}$ PIVOT, STEP, $\frac{1}{4}$ PIVOT

1-2 Rock left forward, recover weight onto right
3&4 Turn $\frac{1}{2}$ left step left forward, step right beside left, step left forward (9:00)
5-6 Step right forward, pivot $\frac{1}{4}$ left transferring weight onto left (6:00)
7-8 Step right forward, pivot $\frac{1}{4}$ left transferring weight onto left (3:00)

Tag: At the end of Wall 7

OUT, OUT, ARM, ARM, BACK, TOUCH, BACK, TOUCH

1-2 Step right to right, step left to left
3-4 Place right arm forward, place left arm forward
5-6 Step right back, touch left beside right
7-8 Step left back, touch right beside left