

拍數: 32 牆數: 4 級數: Improver 編舞者: Indahwati Rahardja (INA) & Bill Baron (USA) - August 2022

音樂: Heat - Scarlet Pleasure



#24 count intro start with lyrics

[1-8] SIDE STEP/HANDS X2 ,CROSS HAND OVER CHEST X2, JUMP BACK/HANDS FORWARD, CROSS SIDE POINT, BEHIND SIDE TOUCH

1-2 Side step RF simultaneously take R hand from L shoulder and drop to R side, Side step LF

simultaneously take L hand from R shoulder and drop to L side

3&4 Cross R hand over chest, cross L hand over chest, jump back simultaneously extending both

hands forward

Cross RF over LF, step LF to side, point RF to sideStep RF behind, step LF to side, touch RF next to LF

[9-16] PADDLE 1/8 TURN L X2, SAILOR 1/4 T L, RR 1/2 TURN R, FULL TURN R

1-2 Paddle turn RF 1/8 turn L touching, paddle turn RF 1/8 turn L stepping down (facing 9)

3&4 Step LF behind making 1/4T L, step RF to side, step LF next to RF (facing 6)

5&6 Step RF forward, recover LF, step back RF 1/2T R (facing 12)

7&8 Step LF forward making 1/4T R, step RF behind making 1/2T R, cross RF over LF making

1/4 T R (facing 12)

[17-24] HIP BUMPS, BRUSH HITCH, COASTER STEP, BIG SIDE STEP, KNEE-IN-OUT-IN

1-2 Touch RF to side hip bump to R 2X

3 Brush LF hitch

4&5 Step LF back, step RF next to LF, step LF forward

6 Big step RF to side 7&8 L knee in-out-in

[25-32] 1/4 TURN IN PLACE, RUN R-L-R, SIDE STEP, HEEL BOUNCE X3, CROSS 1/2 TURN UNWIND

1 1/4 turn L in place (facing 9)

2&3 Run R-L-R

4 Step LF to side with knee pointing out

5&6 Tap L heel down X3

7-8 Cross LF over RF, unwind 1/2T right (facing 3)

RESTART: During the fourth wall start the dance facing 9:00. Dance to count 8 and restart facing 9:00.

HAVE FUN DANCING Indah & Bill

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