Baddie

3 & 4



拍數: 64 牆數: 4 級數: Phrased Intermediate

編舞者: Sara B Dancin (USA) - July 2022

音樂: Cowboy Killer - Ian Munsick & Ryan Charles: (Album: Cowboy Killer)



Pattern Dance A, B, A, B, A (tag), B, A, B Tag on Wall 5 after first 8 counts

Dance begins after 16 counts – CCW rotation WALL 1 (facing 12:00)

A (32 counts) [1-8] 1-2 3-4 5-6 7 & 8	Monterey (R) [Right foot steps to side, slides back to meet left] Monterey w/1/4 turn R [Left foot steps out/in as right foot turns to right ¼ turn- 3:00] Monterey (R) w/hitch [Right foot steps out, slides back, lifts up at knee] Shuffle (R) [Shuffle right, left, right]
[9-16] 1-2 3 & 4 5-6 7 & 8	Rock, recover (L) [Left foot rocks forward, recover weight back to right foot] Coaster (L) [Left foot steps back, right back (together), left forward] Toe touch x2 (R) [Right foot at side to tap ground twice] Behind, side, cross (R,L,R) [Right foot behind left, left steps out to the side, right crosses over in front of left]
[17-24] 1-2 3 & 4 5-6 7 & 8	Toe touch x2 (L) [Left foot at side to tap ground twice] Behind, side, cross (L,R,L) [Left foot behind the right, right steps out to the side, left crosses over in front of right] Touch forward, side (R) [Right foot touches in front, then at side] Sailor step w/1/4 turn (R) [Right foot swings behind left foot as turn to right, left lifts heel up/down, right steps back down at side]
[25-32] 1-2 3 & 4 5-6 7 & 8	Touch forward, side (L) [Left foot touches in front, then at side] Sailor step (L) [Left foot swings behind right foot, right lifts heel up/down, left steps back down at side] Hip lean (R), Heel (L) [Lean on right hip with left heel on ground (toes facing up)] Hip lean (L), Heel (R) [Lean on right hip with left heel on ground (toes facing up)]
B (32 counts) [1-8] & 1 & 2 & 3 & 4 & 5 6,7,8	Step (R), Cross (L), Step (R), Heel (L) [Right foot steps down, left crosses over right, right steps out, left lands on heel] Step (L), Cross (R), Step (L), Heel (R) [Left foot steps down, right crosses over left, left steps out, right lands on heel] Step (R), Cross (L) [Right foot steps down, left crosses over right] Bounce w/1/2 turn (R) * Rope hand* [Both feet lift heels, bounce while turning to the right ½ and using right hand as if swinging rope]
[9-16] 1 & 2	Scissor step (R) [Right foot rocks to side and crosses over left]

Scissor step (L) [Left foot rocks to side and crosses over right]

5 & 6	Lock step (R,L,R) [Right foot moves at slight diagonal while left steps behind, right forward again]	
7 & 8	Lock step (L,R,L) [Left foot moves at slight diagonal while right steps behind, left forward again]	
[17-24]		
1-2	Press (R), Return [Press right toe forward, lean into it, then back]	
3-4	Press (L), Return [Press left toe forward, lean into it, then back]	
5, 6, 7	Swoop (backwards) (L, R, L) [Using left toes slide in circular motion to side, then back, land then same motion with right foot, then left again]	
& 8	Heel twist (both) [Lift heels from both feet, twist balls of feet so heels move side-to-side]	
[25-32]		
1-2	Swoop (R) w/1/4 turn (R) [Right foot slides out (heel off ground) then backward in a circular motion while left heels lifts, body turns to right $\frac{1}{4}$]	
3 & 4	Coaster step (L) [Left foot steps back, right back (together), left forward]	
& 5 & 6	Out, out, in, in (R,L,R,L) [Right foot steps out at diagonal, left steps out at diagonal (parallel to right), right foot comes back, left returns (feet should be together)]	
7-8	Shimmy (lean forward) [Using your chest, lean forward and shake with arms at sides]	
*Tag (8 counts) on Wall 5 after first 8 counts of Pattern A		
1-2	Rock (L), recover [Left foot rocks forward, then recover weight back onto right foot]	
3 & 4	Shuffle back/Triple step (L,R,L) [Left foot steps behind body, moves backward and right stays in front]	
5	Step back (R) w/1/4 turn (R) [Right foot steps back while turn body towards right]	
6	Step & cross (L) w/1/4 turn (R) [Left foot crosses over right, body turns 1/4 to right]	
7 & 8	Step out (R), Step out (L) [Right foot steps out to side, left foot out to side]	

-Dance ends during B, @24 count, at which you crack the bull whip while doing heel twists!

Style can be added whenever you hear a whip in the song by imitating cracking a bull whip.

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Then begin at B pattern