

Ni Zen Me Shuo (Remix)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Nina Chen (TW) - August 2022
音樂: Ni Zen Me Shuo (你怎麼說) (DJ版) - Teresa Teng (鄧麗君)



Intro: 32 counts

Intro dance: 32 counts

Optional hand movements: Please refer to the demonstration video.

Intro dance: 32 counts

I1: SIDE - TOUCH. (x2), SWAY

1-4 Step RF to R - Touch LF beside RF - Step LF to L - Touch RF beside LF
5-8 Step RF to R while sway hips (R L R L)

I2: FWD SHUFFLE (x2), FWD - PIVOT 1/2 L - WALK - WALK

1&2, 3&4 Fwd shuffle (R L R) (L R L)
5-8 Step RF fwd - Pivot 1/2 L (6:00) weight on LF, Walk fwd on (R L)

I3: SIDE - TOUCH. (x2), SWAY

1-4 Step RF to R - Touch LF beside RF - Step LF to L - Touch RF beside LF
5-8 Step RF to R while sway hips (R L R L)

I4: FWD SHUFFLE (x2), FWD - PIVOT 1/2 L - WALK - WALK

1&2, 3&4 Fwd shuffle (R L R) (L R L)
5-8 Step RF fwd - Pivot 1/2 L (12:00) weight on LF, Walk fwd on (R L)

MAIN DANCE: 32 counts

Sec1: ROCKING CHAIR, BUMP HIPS

1-4 Rock RF fwd - Recover on LF - Rock RF back - Recover on LF
5&6, 7&8 Step RF to R while bump hips (R L R), Weight on LF while bump hips (L R L)

Sec2: LOCK STEP - FWD SHUFFLE, FWD - PIVOT 1/4 R - CROSS - POINT

1-2, 3&4 Step RF fwd - Lock LF behind RF, Fwd shuffle (R L R)
5-8 Step LF fwd - Pivot 1/4 R (3:00) weight on RF, Cross LF over RF - Touch RF to R

Sec3: ROCK - RECOVER, CHASSE. (x2)

1-2, 3&4 Rock RF behind LF - Recover on LF, Step RF to R - Step LF beside RF - Step RF to R
5-6, 7&8 Rock LF behind RF - Recover on RF, Step LF to L - Step RF beside LF - Step LF to L

Sec4: FWD - PIVOT 1/4 L.(x2), STOMP TWICE

1-4 Step RF fwd - Pivot 1/4 L (12:00) weight on LF - Step RF fwd - Pivot 1/4 L (9:00) weight on LF
5-8 Stomp RF beside LF - Hitch RF - Stomp RF beside LF - Hitch RF

Tag : After Wall2 (6:00), Wall6 (9:00), Wall7 (9:00)

JAZZ BOX 1/4 R, STOMP TWICE

1-4 Cross RF over LF - 1/4 turn R (9:00) step LF back - Step RF to R - Step LF beside RF
5-8 Stomp RF beside LF - Hitch RF - Stomp RF beside LF - Hitch RF

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com

