I Don't Wanna Lose You



拍數: 68 牆數: 2 級數: Improver

編舞者: Chris Jackson (UK) - August 2022

音樂: I Don't Wanna Lose You - Tina Turner: (Tina Turner: The Platinum Collection -

Amazon.)



#20-count intro, start on vocals, 1 restart.

Run: VERSE, CHORUS, VERSE, CHORUS twice, VERSE/restart, CHORUS four times Yes, I know this looks complicated, but it really isn't as it's quite obvious in the music! So, when Tina sings 'I Don't Wanna Lose You' you know that this is a chorus – simples!

VERSE

SECTION ONE - ROCK, RECOVER, CHASSE A QUARTER, PIVOT A HALF, SHUFFLE LEFT

1, 2, 3&4 Cross rock right over left, recover on left, right to right side, left next to right, make a quarter

turn right stepping forward on right (3.0)

5, 6, 7&8 Step forward on left, pivot a half turn right, shuffle forward LRL (9.0)

SECTION TWO - SIDE TOGETHER, CHASSE RIGHT, ROCK, RECOVER, CHASSE A QUARTER

1,2,3&4 Right to right side, left next to right, right to right side, left next to right, right to right side Cross rock left over right, recover on right, left to left side, right next to left, make a quarter turn left stepping forward on left (6.0)

SECTION THREE - HALF, HALF (or WALK, WALK), SHUFFLE RIGHT, FORWARD ROCK/RECOVER, COASTER STEP

1,2,3&4 Moving forward, make a half turn left stepping back on right, make another half turn left

stepping forward on left, forward right, left next to right forward right

5,6,7&8 Rock forward on left, recover on right, step back on left, right next to left, forward left

SECTION FOUR - OVER, SIDE, BEHIND, SIDE, ROCK, RECOVER, CHASSE RIGHT

1,2,3,4,5,6,7&8 Cross right over left, left to left side, cross right behind left, left to left side, cross rock right over left, recover on left, right to right side, left next to right, right to right side

SECTION FIVE - OVER, SIDE, BEHIND, SIDE, ROCK, RECOVER, CHASSE A QUARTER

1,2,3,4,5,6,7&8 Cross left over right, right to right side, cross left behind right, right to right side, cross rock left over right, recover on right, left to left side, right next to left, make a quarter turn left stepping forward on left (3.0)

SECTION SIX - CROSS POINT, CROSS POINT, JAZZ BOX QUARTER/CROSS

1,2,3,4,5,6,7,8 Cross right over left, point left to left side, cross left over right, point right to right side, cross right over left, make a quarter turn right stepping back on left, right to right side, cross left over right (6.0)

SECTION SEVEN - QUARTER, QUARTER, CROSS SHUFFLE, SIDE, TOGETHER SHUFFLE FORWARD

1,2,3&4,5,6,7&8 Make a quarter turn left stepping back on right, make another quarter turn left stepping left to left side, cross right over left, left to left side, cross right side, left to left side, right next to left, forward left (12.0)

SECTION EIGHT - SIDE, TOGETHER, SHUFFLE BACK, BACK ROCK, SHUFFLE HALF TURN

1,2,3&4,5,6,7&8 Right to right side, left next to right, step back on right, left next to right, step back on right, rock back on left, recover on right, shuffle forward LRL making a half turn to your right (6.0)

SECTION NINE - BACK ROCK, WALK, WALK

1,2,3,4 Rock back on right, recover on left, walk forward right, walk forward left

CHORUS on WALLS 2, 4, 5, and 7 onward to the end Dance Sections 1-3 and then add: ROCK, RECOVER, SIDE, ROCK, RECOVER, SIDE

1,2&,3,4& Cross rock right over left, recover on left, right to right side, cross rock left over right, recover on right, left to left side

WALL 6 WITH RESTART

Dance up to Step 6 of Section 5 and then change the Chasse turn Left to just a Chasse Left and restart facing front.