T. J Brown



拍數: 88 牆數: 1 級數: Phrased Intermediate

編舞者: Sylvie DENISOT (FR) - August 2022

音樂: T.J.'s Last Ride - Roger Miller



Introduction: 18 Counts (16 counts + 2 counts with a HIP BUMP to right)

Sequences: A – B – A – B – C – A – B – A – B – B (16 counts)

Part A: (Verse)

[1-8] TRIPLE STEP FWD DIAGONALITY, STEP DIAGONALITY, TOUCH, (X 2)

1&2 Step right forward on diagonally right, Step forward on left next to right, Step right forward on

diagonally right

3-4 Step left forward on diagonally left, Touch right next to left.

Step right forward on diagonally right, Step forward on left next to right, Step right forward on

diagonally right

7-8 Step left forward on diagonally left, Touch right next to left

[9-16] TRIPLE STEP BACK DIAGONALITY, STEP BACK DIAGONALITY, TOUCH, (X 2)

1&2 Step right back on diagonally right, Step on left next to right, Step right back on diagonally

right

3-4 Step left back on diagonally left, Touch right next to left

5&6 Step right back on diagonally right, Step on left next to right, Step right back on diagonally

right

7-8 Step left back on diagonally left, Touch right next to left

[17-18] HIP BUMP

1-2 Step right on diagonally forward and bump hips to Right, Return to center

[19-26] CHASSE RIGHT, CROSS ROCK STEP, CHASSE LEFT, CROSS ROCK STEP

1&2 Step right to right side, Step left next to the right, Step right to right side

3-4 Cross step left over right, Recover onto left

5&6 Step left to left side, Step right next to the left, Step left to left side

7-8 Cross step right over left, Recover onto right

[27-34] CHASSE ¼ TURN, STEP ½ TURN, ¼ TURN CHASSE, ROCK BACK

Step right to right side, Step left next to the right, Make turn ¼ in right stepping right forward

3-4 Step forward on left, Making ½ turn in right

5&6 Make ¼ turn in left step left to left, Step right next to the left, Step left to left side

7-8 Rock right back, Recover on left

[35-36] HIP BUMP

1-2 Step right on diagonally forward and bump hips to Right, Return to center

Part B: (Chorus)

[1-8] GALOP FWD, TOUCH, (X2)

1&2&3 Step right forward, Ball step forward on left next to right, Step right forward, Ball step forward

on left next to right, Step right forward

4 Touch left next to right

5&6&7 Step left forward, Ball step forward on right next to left, Step left forward, Ball step forward on

right next to left, Step left forward

8 Touch right next to left

[9-16] SKATE (X4), STEP 1/2 TURN, WALK (2)

Skate right on diagonally forward right, Skate left on diagonally forward left, Skate right on 1-4 diagonally forward right, Skate left on diagonally forward left 5-6 Step forward on right, Make turn ½ in left Step forward on right, Step forward on left 7-8 [17-24] GALOP FWD, TOUCH, (X2) 1&2&3 Step right forward, Ball step forward on left next to right, Step right forward, Ball step forward on left next to right, Step right forward Touch left next to right 5&6&7 Step left forward, Ball step forward on right next to left, Step left forward, Ball step forward on right next to left, Step left forward 8 Touch right next to left [25-32] SKATE (X4), STEP ½ TURN, WALK (2) Skate right on diagonally forward right, Skate left on diagonally forward left, Skate right on diagonally forward right, Skate left on diagonally forward left Step forward on right, Make turn 1/2 in left 5-6 7-8 Step forward on right, Step forward on left [33-38] STOMP R - L, APPLE JACK 1-2 Stomp RF forward, Stomp left next to right Take weight onto your right heel and your left toe, swivel your left foot to the right side, then &3 return your feet to center Take your weight onto your left heel and your right toe, swivel your right foot to the left side, &4 then return your feet to center &5 Take weight onto your right heel and your left toe, swivel your left foot to the right side, then return your feet to center &6 Take your weight onto your left heel your right toe, swivel your right foot to the left side, then return your feet to center with weight ending on left Option: Replace Apple Jack for SWIVET 3-4 Twist both toes to R (weight on Heel of RF and ball of LF), Return to center 5-6 Twist both toes to L (weight on Heel of LF and ball of RF), Return to center Part C: (Musical phrase) [1-8] KICK BALL CHANGE (X2), JAZZ BOX

1&2	Kick right diagonally right, Step right ball next to Left, Step left next to right
3&4	Kick right diagonally right, Step right ball next to Left, Step left next to right
5-6	Cross step right over left, step back on left

7-8 Step right to right side, Step forward on left

[9-14] KICK BALL CHANGE (X2), STOMP R,L

1&2	Kick right diagonally right, Step right ball next to Left, Step left next to right
3&4	Kick right diagonally right, Step right ball next to Left, Step left next to right

5-6 Stomp RF forward, Stomp left next to right

sylvie.countrygirl@gmail.com