

Natural Country Girl

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Low Improver
編舞者: Kim Carpentino (USA) & Kathleen Crocker (USA) - August 2022
音樂: Natural - BRELAND



Dance can also be done as a Contra dance

*1 Tag, No Restarts

[1 - 8] Side Toe Strut to Right, Back Rock, Side Toe Strut to Left, Back Rock

- 1-2 Touch right toe to right side, drop heel taking weight on right foot
- 3-4 Rock left foot back behind right and recover weight forward on right
- 5-6 Touch left toe to left side, drop heel taking weight on left foot
- 7-8 Rock right foot back behind left and recover weight forward on left

[9 -16] Walk Forward R L , ½ Shuffle RLR, Walk Back L R, Coaster LRL

- 1-2 Step right forward, Step left forward
- 3&4 Step right forward making a ¼ turn, Slide left next to right, Step back right making a ¼ turn
- 5-6 Step back left, step back right
- 7&8 Step back left, Step right back next to left, Step forward left

[17 - 24] Toe Strut ½ Turns, Jazz Box

- 1-2 Step right toe forward turning ½ turn over left shoulder while dropping right heel
- 3-4 Make a ½ turn over left shoulder stepping left toe forward while dropping left heel
- 5-8 Cross right over left, step back on left, step side right, step left next to right

[25 - 32] Point R L, Toe and Heel and Toe, Hitch

- 1-2 Point right toe to right side, Hold
- &3-4 Step right back to center, point left toe to left side, Hold
- &5&6 Step left back to center, touch right toe next to left, step back on right with left heel out to left diagonal
- &7-8 Step left back to center, touch right toe next to left foot, hitch right leg up

Tag: At the end of the 7th wall, the music stops and Breland starts talking for 8 counts

Step Out Out, Hold, Cross Behind, Unwind Full Turn

- 1-2 Hold, Step down right, while putting hands out the side (don't take full weight on L)
- 3-4 Step out left (don't take full weight on L), Cross left behind right foot
- 5-8 Unwind a full turn over left shoulder (taking weight on L)

To End the Dance:

On the last 2 counts (7,8) instead of touching your right toe next to your left foot then hitching, cross your right foot over your left and unwind a ½ over your left shoulder so you end on the front wall.

For questions please contact Kim or Kathleen @ www.603linedance.com