Red Wine or Whiskey

拍數: 32

級數: Improver

編舞者: Ann-Jeanett Ramsvatn (DK) - September 2022

音樂: Red Wine or Whiskey - Alli Walker

Intro: 4 counts. App.3 secs. Into track. Start with weight on L.

Section 1: Hip Roll R L, Behind Side Cross, Side Touch Side

- 1-2 Step R to R side and roll hip counterclockwise from L to R (1), Hold or bump hip L (2) 12:00
- 3 -4 Roll hip clockwise from R to L taking weight on L (3), Hold or bump hip R (4)
- 5&6 Step R behind L (5),Step L to L side (&), Cross R over L (6)
- 7&8 Step L to L side (7), Touch R beside L (&), Step R to R side (8)

Section 2: Behind ¼ Fwd, Walk R L, Step Turn Step, Run L R L

- 1&2 Step L behind R (1), ¼ R stepping fwd on R (&), Step fwd on L (2) 3:00
- 3-4 Step R fwd (3), Step fwd on L (4)
- 5&6 Step fwd on R (5), Turn ½ L Recover on L (&), Step fwd on R (6) 9:00
- 7&8 Step fwd on L (7), Step fwd on R (&), Step fwd on L (8)

Section 3: Toe Heel Heel, Behind Side Cross, Toe Heel Heel, Behind Side Cross

- 1&2 Touch R toe back next to L heel (1), Dig R heel forward (&), Dig R heel forward (2)
- 3&4 Step R behind L (3), Step L to L side (&), Cross R over L (4)
- 5&6 Touch L toe back next to R heel (5), Dig L heel forward (&), Dig L heel forward (6)
- 7&8 Step L behind R (7), Step R to R side (&), Cross L over R (8)

Section 4: Sway R L, 1/2 Rumba Fwd, Fwd Rock/Recover, 1/2 Shuffle

- 1-2 Step R to R swaying hips to R (1), Sway hips to L (2)
- 3&4 Step R to R side (3), Step L beside R (&), Step fwd on R (4)
- 5-6 Rock fwd on L (5), Recover on R (6)
- 7&8 ¼ L stepping L to L side (7), Step R beside L (&), ¼ L stepping fwd on L (8) 3:00

Restart: Wall 3 after 12 counts (facing 9:00)

Tag/Restart: Wall 6 after 28 counts. Step fwd on L on count & and restart the dance (facing 12:00)

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牆數:4