

Sway With Me

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: SoonYoung-Bae (KOR) - September 2022
音樂: Sway (Mucho Mambo) - Barbados



* Intro : 32c (start on vocal)

* No Tag / No Restart

S1[1-8] 1/8 L BALL PRESS AND HIP PUSH FWD, HIP PUSH BACK, FWD SHUFFLE, 1/4 R BALL PRESS AND HIP PUSH FWD, HIP PUSH BACK, FWD SHUFFLE(1:30)

1 2 1/8 L RF ball press forward (10:30) and hip push forward, hip push back (weight on LF)
3&4 step RF forward, LF ball next to RF, step RF forward
5 6 1/4 R LF ball press forward(1:30) and hip push forward, hip push back(weight on RF)
7&8 step LF forward, RF ball next to LF, step LF forward

S2[9-16] FWD ROCK, RECOVER, BACK SHUFFLE, BACK, 1/8 R SIDE, CROSS SHUFFLE(3:00)

1 2 rock step RF forward, recover on LF(body 1:30)
3&4 step RF back, LF ball next to RF, step RF back
5 6 step LF back, 1/8 R step RF side(3:00)
7&8 cross LF over RF, RF ball slightly side, cross LF over RF

S3[17-24] SIDE, HOLD, BALL, 1/4 R SHUFFLE, 1/2 R PIVOT, FWD SHUFFLE(12:00)

1 2& step RF side, hold, LF ball next to RF
3&4 1/4 R step RF forward(6:00), LF ball next to RF, step RF forward
5 6 step LF forward, 1/2 R step RF forward(12:00)
7&8 step LF forward, RF ball next to LF, step LF forward

S4[25-32] SIDE ROCK, RECOVER, WEAVE, 1/4 R BACK, BACK(WEIGHT R), HIP PUSH FWD-BACK-FWD(WEIGHT L)(3:00)

1 2 rock step RF side to R, recover on LF
3&4 step RF behind LF, step LF side, cross RF over LF
5 6 1/4 R step LF back(3:00), step RF back(weight on RF)
7&8 hip push forward, hip push back, hip push forward(weight on LF)

The Dance Is The Best Play! Have Fun! ☐

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