September AB 2022

級數: Absolute Beginner

編舞者: SoonYoung-Bae (KOR) - September 2022

音樂: September - Earth, Wind & Fire

* Intro : 32c (start on vocal)

拍數: 32

* No Restart / No Tag

S1[1-8] SIDE R, TOGETHER, SIDE R, TOGETHER, HEEL SWIVEL R-L-R-L(12:00)

- 1-4 step RF side, step LF next to RF, step RF side, step LF next to RF
- 5-8 heel swivel R-L-R-L

S2[9-16] SIDE L, TOGETHER, SIDE L, TOGETHER, HEEL SWIVEL R-L-R-L(12:00)

- 1-4 step LF side, step RF next to LF, step LF side, step RF next to LF
- 5-8 heel swivel R-L-R-L

S3[17-24] TOE STRUT(R-L), ROCKING CHAIR(12:00)

- 1-4 RF toe touch forward, RF heel down, LF toe touch forward, LF heel down
- 5-8 rock RF forward, recover on LF, rock RF back, recover on LF

S4[25-32] 1/8 L PADDLE * 2, JAZZBOX

- 1-4 1/8 L RF side(10:30), step LF in place, 1/8 L RF side(9:00), step LF in place
- 5-8 cross RF over LF, step LF back, step RF side, cross LF over RF

The Dance Is The Best Play! Have Fun!

Contact : SoonYoung-Bae (alhappy@hanmail.net)

Last Update: 21 Sep 2022





牆數:4