Rockin Over

拍數: 32	牆數: 4	級數: Beginner

編舞者: Lorraine Macmillan (NZ) - August 2022

音樂: Rockin' over River - John Grenell

Start: On second word of the vocals

ROCKING CHAIR, MONTEREY ¼ TURN RIGHT

1-4	Rock fwd on R, replace weight on L, rock back on R, replace weight on L
5-6	Point R toe to R side, make ¼ turn R putting weight on R foot
7-8	Point L toe to L side, Step L beside R

WALK BACK R, L, R, HITCH L; WALK FWD L, R, L, TOUCH R

9-12	Step back on R, Step back on L, Step back on R, Hitch L
13-16	Step fwd on L, Step fwd on R, Step fwd on L, Touch R next to L

STEP, TOG, HEEL SPLITS X 2 (chicken arms optional!)

17-20	Step R to R, Step L next to R, Split heels apart, Bring heels together
21-24	Step L to L, Step R next to L, Split heels apart, Bring heels together

V-STEP, HEEL DIGS X 2

25-26	Step R fwd on R diagonal, Step L forward on L diagonal
27-28	Step R back to centre, Step L next to R
29-32	Touch R heel fwd, Step R next to L, Touch L heel fwd, Step L next to R

Repeat from the beginning

TAGS & RESTARTS: Every 4th wall (starting at 9pm), dance the first 8 steps then do the following 6 beat tag before re-starting (at 12 o'clock)

SIDE, TOUCH, SIDE, TOUCH, HEEL SPLITS

1-4	Step R to side, Touch L next to R, Step L to side, Touch R next to L
5-6	Split heels apart, Bring heels together (then re-start)

FINAL WALL: facing 6pm, when the music hesitates and John is yodelling (approximately 2.48), wait until he says Phew, then continue as follows on the fourth syllable, "lay" (approximately 2.57)

Dance the first 16 step with the following changes:

1-4	Rocking Chair
5-8	Monterey ½ turn right (to face the front wall)
9-12	Walk Back x3, Hitch
13-16	Walk Forward X 3, Tap Right foot behind Left, opening arms out to sides, palms upward

Written as a tribute to, and celebration of, John Grenell who sadly left this world on the 27th July 2022. Many of us also remember when he recorded under the name of John Hore. New Zealand's own country gentleman who brought much happiness to his fans, and will continue to do so through his music.