

Bie Zhi Ji EZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Silvi Laurent (INA) - September 2022
音樂: Bie Zhi Ji (別知己) - Lya : (Cover)



No Tag No Restart

Intro 48 counts

S1 (SIDE - TOGETHER - CHASSE) RL

- 1-2. Step R to right side, close L together
- 3&4. Step R to right side, close L together, step R to right side
- 5-6 Step L to left side, close R together
- 7&8. Step L to left side, close R together, step L to left side

S2. MODIFIED CROSS ROCK - MODIFIED SIDE ROCK - MODIFIED CROSS ROCK - SIDE (RL)

- 1&2& Cross R over L , recover on L, step R to right side, recover on L
- 3&4. Cross R over L, recover on L, step R to right side
- 5-8 (Repeat 1-4) on Left

S3. DIAGONAL FORWARD SHUFFLE (RL) - FORWARD MAMBO - BACK WALK (LRL)

- 1&2. Step R diagonal forward, close L beside R, step R diagonal forward
- 3&4 Step L diagonal forward, close R beside L, step L diagonal forward
- 5&6. Step R forward, recover on L, Close R together
- 7&8. Step back on LRL

S4. SIDE MAMBO (RL) - MODIFIED PADDLE TURN 1/4 TO LEFT (2X) , 1/8 TO LEFT (2X)

- 1&2. Step R to right side, step L in place, close R together
- 3&4 Step L to left side, step R in place, close L together
- 5&6& 1/4 turn left touch R toe to right side (09.00), hitch R knee across L, 1/4 turn left touch R toe to right side (06.00), hitch R knee across L
- 7&8 1/8 turn left touch R toe to right side (04.30), hitch R knee across L, 1/8 turn left touch R toe to right side (03.00)

Enjoy the dance

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