You Proof



拍數: 48 牆數: 2 級數: Improver

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音樂: You Proof - Morgan Wallen



Intro: 16 count. Start approx. 8 seconds

Sec 1: Step touch, step touch,	turn ¼ right, ste	p touch, step touch
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1-2	Step R to R side, touch L by R
3-4	Step L to L side, touch R by L

5-6 Turn ¼ R, stepping R to R side, touch L by R

7-8 Step L to side, touch R by L

Sec 2: Reverse rocking chair, toe strut, toe strut

1-2	Rock R back, recover on L,
3-4	Rock R fwd recover on L
5-6	Step R toe back, step on R heel,
7-8	Step L toe back, step on L heel

Sec 3: Full turn right, coaster step, left shuffle, right shuffle

1-2	Step R ½ turn R, ½ turn R stepping back on L
3 & 4	Step R back, step L beside R, step R fwd

5&6 Forward shuffle LRL

7&8 Shuffle RLR

Sec 4: Left jazz box touch, half turn monteray

1-2	Cross L over R, step back on R
3-4	Step L to L side and touch R by L

5-6 Point R to R side, ½ turn R, closing R next to L

7-8 Point L to L side and close L to R

Sec 5: Step touch step touch, walk back RL shuffle half right

& 1-2	Small jump to R, touch L by R, hold
& 3-4	Small jump to L, touch R by L, hold

5-6 Walk back RL

7&8 Shuffle ½ R stepping RLR

Sec 6: Step left turn 1/4 right cross shuffle, rock recover, behind side touch

1-2	Step fwd on L, ¼ R, turn step R to R side
3&4	Cross L over R step R to R side cross L over R
5-6	Rock R to R side recover on L, step R behind L
7&8	Step L to L side, touch R by L