J'tomberai Pas (I Won't Fall)

級數: Improver / Intermediate

編舞者: Helaine Norman (USA) - September 2022

音樂: J'tomberai pas - Christophe Willem

Intro: 16 + at about 10 seconds in Restarts: 2

拍數: 32

Note: During a "very short" portion of the dance, the music will stop and only the singer's voice is heard. Just continue with the same rhythm and count.

I. SAMBAS; ½ MAMBO R TURN, ½ ONE-STEP R TURN

- 1&2 Step R over, rock L side, recover to R
- 3&4 Step L over, rock R side, recover to L
- 5&6 Rock R forward (5), recover to L (&), step R making 1/2 turn right 6:00
- Making ½ turn right pivot on L (weight stays on L), hitch R (small) or touch R together 12:00 7-8

Optional and easier (with no turn) 5-8:

FORWARD MAMBO, BACK COASTER

- 5&6 Step R forward, recover to L, step R together
- 7&8 Step L back, step R together, step L forward

II. BACK, BACK, BACK COASTER; 1/4 PIVOT R TURN, FORWARD TRIPLE

- 1-2 Step R back, step L back
- 3&4 Step R back, step L together, step R forward
- 5-6 Making ¼ turn right, step L forward, weight to R 3:00
- 7&8 Step L forward, step R together, step L forward

III. ROCK RECOVER, ½ TRIPLE R TURN; ½ PIVOT R TURN, TRIPLE FORWARD

- 1-2 Rock R forward, recover to L
- 3&4 Making ¼ turn right - step R (6:00), step L together, making ¼ turn right step R 9:00
- 5-6 Making ¹/₂ turn right – step L forward, weight to R 3:00
- 7&8 Step L forward, step R together, step L forward (small)

*RESTART: Wall 2 facing 6:00, Wall 5 facing 3:00

IV. CROSS, SIDE, TRIPLE ACROSS; SIDE ROCK, RECOVER, BEHIND, SIDE, STEP TOGETHER

- 1-2 Step R over, step L side
- 3&4 Step R over, step L side, step R over
- 5-6 Rock L side, recover to R side
- 7&8 Step L behind, step R side, step R together

REPEAT

END: Facing 3:00 during wall 9. Dance through 5-6 of Section IV (Sway L side, sway R side). Make ¼ turn left to 12:00, weight to R forward and pose.

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牆數:4