One Time One Night

級數: Improver

編舞者: Marthijn Houben (BEL) - September 2022

音樂: One Time One Night - Los Lobos

Intro: 64 counts

K-step with claps.

- 1-2 RF step diagonal fwd., LF touch close to RF.
- 3-4 LF step diagonal bwd., RF touch close to LF.
- 5-6 RF step diagonal bwd., LF touch close to RF.
- 7-8 LF step diagonal fwd., RF touch close to LF.

Vine ¼ R, touch, scissor, hold.

拍數: 64

- 1-2 RF step aside, LF cross behind RF.
- 3-4 RF step fwd with ¼ turn R, LF touch close to RF.
- 5-6 LF step aside, RF step close to LF.
- 7-8 LF step across RF, hold.

Scissor, flick, step, lock, step, kick.

- 1-2 RF step aside, LF step close to RF.
- 3-4 RF step across LF, LF flick.
- 5-6 LF step bwd., RF step across LF.
- 7-8 LF step bwd., RF kick fwd.

Step bwd., touch across, step fwd., scuff, vaudeville.

- 1-2 RF step bwd., LF touch across RF.
- 3-4 LF step fwd., RF scuff
- 5-6 RF step across LF, LF step aside.
- 7-8 RF touch heel diagonal fwd., RF step close to LF.

Vaudeville, jazz box with toe struts.

- 1-2 LF step across RF, RF step aside.
- 3-4 LF touch heel diagonal fwd., LF step close to RF.
- 5-6 RF touch toe across LF, RF lower heel.
- 7-8 LF touch toe bwd., LF lower heel.
- 1-2 RF touch toe fwd. ¼ R, RF lower heel.
- 3-4 LF touch close to RF, LF lower heel.

V-step.

- 5-6 RF step diagonal on heel, LF step diagonal on heel.
- 7-8 RF step bwd., LF step close to RF.

Heel strut R+L, rocking chair.

- 1-2 RF step on heel fwd., RF lower toes.
- 3-4 LF step on heel fwd., LF lower toes.
- 5-6 RF rock fwd., LF recover
- 7-8 RF rock bwd., LF recover.

Step, lock, step, scuff, pivot 1/4 R, cross, scuff.

- 1-2 RF step fwd., LF lock behind RF.
- 3-4 RF step fwd., LF scuff.





牆數:4

- 5-6 LF step fwd., L+R turn ¼ R.
- 7-8 LF step across RF, RF scuff.

Tag: After wall '	1
Step, lock, step	, scuff. (2X)
1-2	RF step fwd., LF lock behind RF.
3-4	RF step fwd., LF scuff.
5-6	LF step fwd., RF lock behind LF.
7-8	LF step fwd., RF scuff.
Pivot 1⁄2 L, step fwd., hold, triple full turn, hold.	
1-2	RF step fwd., R+L turn ½ L.
3-4	RF step fwd., hold.
5-6	LF step bwd with ½ turn R, RF step fwd with ½ turn R.

7-8 LF step fwd., hold.

Restart in wall 4 after count 52 (section 7, count 4) Restart in wall 8 after count 56 (section 7)