Okie From Muskogee



拍數: 48 牆數: 4 級數: Improver

編舞者: Alida Ho (NZ) - July 2022

音樂: Okie from Muskogee - Merle Haggard: (Album: 20 Country No'1s - Spotify)



Introduction: Start on vocals. This is a CCW dance - No Tags or Restarts

SEC: 1. STEP LOCK STEP SCUFF, STEP LOCK STEP HOLD

1,2,3,4 Step forward on RF, lock LF behind right, step forward on RF, scuff LF forwards

5,6,7,8 Step forward on LF, lock RF behind left, step forward on LF, HOLD RF

SEC: 2. FOUR TOE STRUTS BACKWARDS

1,2,3,4 Step back on toe of RF, lowering heel, step back on toe of LF, lowering heel

5,6,7,8 REPEAT as above

SEC: 3. VAUDEVILLES X 2, 1/4 TURN PADDLE, WEAVE

1&2& Cross RF over LF, step to side with LF, put RF heel forward, bring RF heel back next to LF
3&4& Cross LF over RF, step to side with RF, put LF heel forward, bring LF heel back next to RF
5&6&7&8 Step forward on RF and turn ¼ left, cross RF over LF, step LF to the side, step RF behind LF

behind, step LF to side, touch together (9.00)

SEC: 4. RIGHT SAILOR, 1/4 LEFT TURNING SAILOR, CROSS ROCK, SIDE, CROSS, SIDE SHUFFLE

1&2,3&4 Sweep RF behind LF, step to left with LF, rock recover on RF, sweep LF behind RF turning

1/4 left, step right with RF, rock recover

5&6&7&8 Cross rock RF over left, recover on LF, step to side on RF, cross LF over RF, step RF to

side, together, step to side on RF (6.00)

SEC: 5. ROCKING CHAIR, TWO TOE STRUTS FORWARD

1,2,3,4 Step forward on LF, recover on RF, step back on LF, recover on RF

5,6,7,8 Step forward on toe of LF, lower heel, REPEAT with RF

SEC: 6. 1/4 TURN MONTEREY, STRAIGHT MONTEREY

1,2,3,4 Point LF out to side and turn ¼ right, together, point RF out to side, together

5,6,7,8 Point LF out to side, together, point RF out to side, together (9.00)

The dance ends on WALL 6, end of SECTION. 3. You will be facing the 9.00 wall. Dance the first 20 counts up to and including the vaudevilles 1&2&3&4&. On counts 5&6& step forward on RF, ¼ left, cross RF over LF, side. On counts 7&8 step forward on RF, ½ pivot left to face the front wall, touch RF.