Put On Your Bobbi Sox - Baby!



拍數: 32 編數: 1 級數: Absolute Beginner

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音樂: Bop - Dan Seals



NO TAGS, NO RESTARTS

Section I: Bounce RT Heel 8 times, while snapping fingers 4X to alternate beat of music

1-8 Bounce RT heel up/down 8 times, (snap your RT fingers to the RT side, on counts 1, 3, 5,

and 7)

Section II: Bounce LT Heel 4 times & snap fingers 2X, Sway 4X (starting to RT)

1-4 Bounce LT heel up/down 4 times, (snap your LT fingers to the LT side, on counts 1, 3)
5-8 Sway hips four times RT, LT, RT, LT (and both hands sway in same direction as hips)

Section III: Basic to the RT, Basic to the LT (with shoop-shoops)

1-4 RT Step, together, step, touch (arms sway with shoop, shoops, clap on 4)
5-8 LT Step, together, step, touch (arms sway with shoop, shoops, clap on 8)

Section IV: K Step

1-2 Step RT forward, touch left (clap on the touch)

3-4 Step LT back on angle to the left, touch RT (clap on the touch)
5-6 Step RT back on angle to the right, touch LT (clap on the touch)

*7-8 Step LT fwd on angle to the left, touch RT (clap on the touch)

* 4 Wall Dance option K Step, replace *7-8 With: Step 1 / 4 Turn Left on LT foot(7), Touch RT Toe to LT instep (8), dance will now rotate counter-clockwise.

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