Caroling Carolina

拍數: 32

級數: High Improver

編舞者: Mark Paulino (USA) - 1 October 2022

音樂: She Had Me At Heads Carolina - Cole Swindell

Starts: 16 counts

[1-8] SLIDE WITH HEEL DRAG, CROSS BEHIND ROCK RECOVER, SWAY R, SWAY L, HIPS SCOOP R, RECOVER

- 12 L big side step as R heel drags towards L
- 34 R cross rock behind L, recover on L
- 56 Sway hips R, sway hips L

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78 Scoop hips down and up towards R, recover back on L

[9 – 16] CROSS BEHIND ROCK RECOVER, SIDE SHUFFLE, CROSS BEHIND ROCK RECOVER, ¼ TURN

X2

- 12 R cross rock behind L, recover on L
- 3&4 R side step, L steps besides R, R side steps
- L cross rock behind R, recover on R 56
- 78 L side step with 1/4 turn R, 1/4 turn R with R side step 6:00

[17 – 24] CROSS POINT, CROSS POINT, ½ TURN CROSS POINT, CROSS POINT

- L cross over R, R side point 12
- 34 R cross over L, L side point
- 56 1/2 turn R with L crossing over R, R side point 12:00
- 78 R cross behind L, L side point

[25 – 32] BACK ROCK RECOVER, L SHUFFLE FORWARD, ¼ TURN SIDE ROCK RECOVER, CROSS **BEHIND FULL TURN UNWIND**

- 12 L rocks back, recover on R
- 3&4 L steps forward, R steps besides L, L steps forward
- 56 1/4 turn L with R side rock, recover on L 9:00
- 78 R toe touch crossing behind L, full turn unwind weight shifting from L to R

EZ OPTION: Replace cross behind with full turn unwind with: 7&8 Cross R behind L, L side step, cross R over

L

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牆數: 4