

Off the Deep End

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Taren Wilhelm (USA) - October 2022
音樂: Off The Deep End - Priscilla Block : (iTunes)



INTRO: (Lyrics) "You can find me at the bar" —>

Optional start to the dance on the intro at the "swivel and kick/clap" of the second 8 count...OR...START the dance on the lyrics of the first verse

HOLIDAY SONGS: "Christmas Cookies" by Lainey Wilson (no tags or restarts to this song and start on the first verse)

[1 -8] (Diagonal Step-Lock-Step-Scuff) 2X; (Step, Toe-Hook, Recover 1/4-turn Together) 2X

- 1& 2& R step diagonal fwd, L lock behind, R step diagonal fwd, L scuff beside [1:30]
3& 4& L (landing from scuff) step diagonal fwd, R lock behind, L step diagonal fwd, R scuff beside [10:30]
5& 6& R (landing from scuff) step fwd, L toe-tap/hook behind R heel, L recover 1/4 turn over L shoulder, together R [9:00]
7& 8& R step fwd, L toe-tap/hook behind R heel, L recover 1/4 turn over L shoulder, together R [6:00]

[9 -16] (Walk, Walk, Gallop-Flick) 2x; (Swivel, Swivel, Kick & Clap) 2x

- 1& 2 R walk fwd, L walk fwd, R "gallop" fwd (by pushing off the left foot to give more "air/gallop" to the fwd movement and a lifted back leg "flick") (HOLD &) [6:00]
3& 4 L walk fwd, R walk fwd, L "gallop" fwd (by pushing off the right foot to give more "air/gallop" to the fwd movement and a lifted back leg "flick") (HOLD &) [6:00]
5& 6 (R lands from gallop under shoulders) heels swivel right, heels swivel left, heels swivel right transferring weight onto R lifting L into a low kick and clapping hands above head (HOLD &) [4:30]
7& 8 (L lands from low kick under shoulders) heels swivel left, heels swivel right, heels swivel left transferring weight onto L lifting R into a low kick and clapping hands above head (HOLD &) [7:30]

[17 - 24] (Diagonal Backwards "Pony-style" Triples) 2x; (3-step 3/4-turn*); Chasse Left

- 1& 2 R rocks back diagonal (to original 1:30) while lifting L into (low) hitch, L step in place, R rocks back lifting L into hitch (HOLD &) [7:30]
3& 4 L rocks back diagonal (to original 1:30) while lifting R into (low) hitch, R step in place, L rocks back lifting R into hitch (HOLD &) [7:30]
5& 6 R comes down from hold to start the 3/4-turn* over right shoulder in place stepping R-L-R (HOLD &) [3:00]
7& 8 L side-step, R together, L side-step (weight on left) (HOLD &) [3:00]

[25 - 32] Sailor Stomps; Carousel 3/4-turn

- 1& 2 R step diagonal back, L together, R stomp diagonal fwd (returning to original start position of the move with weight on the R) (HOLD &) [3:00]
3& 4 L step diagonal back, R together, L stomp diagonal fwd (returning to original start position of the move with weight on the L) (HOLD &) [3:00]
5& - 8 Start the "Carousel-Turn" (aka "rocking horse 3/4-turn") by doing continuous rocking-horse steps in a 3/4-turn over L shoulder. (Start by rocking back onto R, recover/rock fwd onto the L making a 1/4-turn [12:00], repeat 2x [9:00] [6:00] and end by rocking back on the R and coming together with the L) [6:00]

TAG: K-Step (4 counts after the 3rd time through the dance before starting the 4th wall; occurs at 1:26 after the chorus and before the 2nd verse)

1& - 4& (footwork forms a capital K on the dance floor) R step diagonal fwd, L together, L step diagonal back to start, R together, R diagonal back, L together, L step diagonal fwd to start, R together; (dance restarts at the chorus)

Questions: BootsOnTheBeachDancing@gmail.com

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