

Ghost of You

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2022
音樂: Ghost of You - Mimi Webb



Very short intro 4 counts and go, one beat before she starts to sing 'seven days' – 126bpm – 2mins 38secs
Available: Amazon - no tags or restarts

[1-8] R side, hold, L together, R side, cross step L over R, R back, hold, L side, R together, ¼ L, L fwd

1-2& Step R side, hold, step L together
3-4 Step R side, cross step L over R
5-6 Step R back, hold
&7-8 Step L side, step R together, turning ¼ left step L forward (9 o'clock)

[9-16] R fwd rock/recover, ¼ R, point L side L, walk around ¾ L stepping L/R/L/R

1-2 Rock R forward, recover weight on L
3-4 Turning ¼ right step R side, point L side (12 o'clock)
5-8 Turning left walk around ¾ left – L/R/L/R (3 o'clock)

[17-25] L kick ball point, ¼ R Monterey, R ball step, cross L over R, step R to R side, L sailor step

1&2 Kick L forward, step L together, point R side
3-4 Turning ¼ right step R together, point L side (6 o'clock)
&5-7 Step L together, step R side, cross step L over R, step R side
8&1 Cross step L behind R, step R side, step L side

[26-32] R fwd, 2 x heel bounces turning ½ L (weight on L), R fwd, ¼ L pivot turn, R kick ball cross

2-4 Step R forward, bouncing on both heels x 2 turn ½ left with weight ending on L (12 o'clock)
5-6 Step R forward, pivot ¼ left (9 o'clock)
7&8 Kick R forward, step R back, cross step L over R