Nobody EZ

拍數: 32

級數: Beginner

編舞者: SoonYoung-Bae (KOR) - October 2022

音樂: Nobody - Wonder Girls

** Please view the demo video for Arm action

** This dance is possible to Contra Version

- * Intro : 32c (start on vocal)
- * No RESTART
- * TAG(4c): After the end on 10Wall (6:00)

S1[1-8] SIDE-TOUCH(R-L), HITCH-DROP AND TOUCH * 2(12:00)

- 1-4 step RF side, touch LF beside RF, step LF side, touch RF beside LF
- 5 6 R knee up, RF drop and touch RF beside LF (weight on LF)
- 7 8 R knee up, RF drop and touch RF beside LF (weight on LF)

S2[9-16] 1/4 R SIDE-TOUCH(R-L), HITCH-DROP AND TOUCH * 2(3:00)

- 1-4 1/4 R RF side(3:00), touch LF beside RF, step LF side, touch RF beside LF
- 5 6 R knee up, RF drop and touch RF beside LF
- 78 R knee up, RF drop and touch RF beside LF

S3[17-24] HULLY GULLY(R-L)(3:00)

- 1-4 step RF side, step LF beside RF, step RF side, touch LF beside RF
- 5-8 step LF side, step RF beside LF, step LF side, touch RF beside LF

S4[25-32] TOE STRUT(R-L), ROCKING CHAIR(3:00)

touch RF toe forward, drop RF heel down, touch LF toe forward, drop LF heel down
rock step RF forward, recover on LF, rock step RF back, recover on LF

** TAG(4C)

- S[1-8] SIDE-TOUCH(R-L)
- 1-4 step RF side to R, touch LF beside RF, step LF side to L, touch RF beside LF

The Dance Is The Best Play! Have Fun!

Contact : SoonYoung-Bae (alhappy@hanmail.net)

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牆數:4