

Oh Biscuit

拍數: 32 牆數: 4 級數: Improver
編舞者: Rachel Pearson (USA) - 27 October 2022
音樂: Biscuits - Kacey Musgraves



Intro: 24 counts (16 counts after melody begins)

SHUFFLE FWD, SHUFFLE FWD, CROSS, WALK BACK, WALK BACK, ½ L STEP

1&2 Step R forward; Step L together; Step R forward (toward right diagonal)
3&4 Step L forward; Step R together; Step L forward (toward left diagonal)
5,6 Cross R over L; Walk L back
7,8 Walk R back; Turn ½ L, stepping L forward (6:00)

STEP ½ PIVOT, ¼ SHUFFLE, ¼ L COASTER, WALK, WALK

1,2 Step R forward; Pivot ½ L, shifting weight to L

*Wall 6 @6:00: RESTART here

3&4 Turning ¼ R, Step R to right; Step L together; Step R to right
5&6 Step L back ¼ left; Step R together; Step L forward
7,8 Walk R; Walk L

HEEL GRIND, HEEL GRIND, PONY STEP, PONY STEP

1,2& Cross R heel over L, grinding R heel; Step L in place; Step R together (Optional: Fwd Rocks instead of heel grinds)
3,4 Cross L heel over R, grinding L heel; Step R in place
5&6 Step L back, lifting R knee (5); Ball-Step R in place (&); Step L slightly back (6)
7&8 Step R back, lifting L knee (7); Ball-Step L in place (&); Step R slightly back (8)

REAR MAMBO, STEP-¼ PIVOT-CROSS, SYNCOPATED SIDE ROCKS

1&2 Step L back; Step R forward; Step L forward (Left foot should be ahead of right foot)

*Wall 3 @12:00, TAG/RESTART here: Walk R, L, then restart

3&4 Step R forward; Pivot ¼ L, shifting weight to L; Cross R over L
5,6& Rock L to left (5); Recover R (6); Step L together (&)
7,8 Rock R to right; Recover L

*Walls 1 (3:00), 4 (3:00), and 7 (9:00), END TAG here. The following steps replace counts 7,8:

7,8 Touch R to right (7); Hold (8)

*END TAG: Walls 1 @3:00, 4 @3:00, and 7 @9:00; 4th Section, counts 7,8 + 1,2: Touch R to right (7); Hold (8); Continue to hold for two additional counts (1,2); Restart. Optional: After holding for (1), Ball-Rock-Step R back when lyrics restart (2); Recover L (&); Restart. Hand motions: As you touch R to right (7) bring hands up and out in front of you, crossing hands as you turn palms up and spread them out.

Styling Notes: Instrumentation is more and less upbeat, and there are changes in tempo, during different parts of the music. Feel free to adjust steps, step-lock-step instead of shuffle, step-lock-back instead of pony, rock instead of heel grind, etc. Add your own hand motions. Press or lunge instead of touch in the end tag. Thanks to my dancers at Scootin' Boots for helping me work out the kinks, special thanks to Raymond Phu! This dance was inspired by my grandparents and my cousin Angela who introduced me to the music.

Last Update: 30 Nov 2022