

Cindy

拍數: 32 牆數: 2 級數: Beginner
編舞者: Claude Dufresne (CAN) & Manon Lamothe (CAN) - October 2022
音樂: Cinderella (Turbo Diesel Remix) - Dan Davidson



[1-8] (Heel Grind, Coaster Step) x2

1 Left Heel in front Left toes Inwards
2 Rotate LF to tip Outwards
3&4 Step L Back, Step R next To L, Step L Forward
5 Right Heel in front, Right toes Inwards
6 Rotate RF to tip Outwards
7&8 Step R Back, Step L Next To R, Step R Forward

[9-16] Vine To Left, Touch, Vine To Right, Touch

1-2 Step LF to Left , Cross RF Behind LF
3-4 Step LF to Left, Point RF next to LF
5-6 Step RF to Right, Cross LF Behind to RF
7-8 Step RF to Right, Point LF next to RF

[17-24] Side Shuffle, Back Rock Step, Side Shuffle, Back Rock Step

1&2 Side Shuffle L,R,L to the Left
3-4 RF Behind LF, Replace LF
5&6 Side Shuffle ,R,L,R to the Right
7-8 LF Behind RF, Replace RF

[25-32] Walk, Walk, Shuffle Fwd, Step ½, Shuffle

1-2 Step FWD LF, Step FWD RF
3&4 Shuffle FWD L,R,L
5-6 Step RF FWD , ½ T to Left , Step LF FWD
7&8 Shuffle FWD R,L,R

**Note This dance can be done at the same time as:
"Cinderella" Partner Dance (Claude Dufresne and Manon Lamothe)**

Last Update - 30 Oct 2022