# Jacked UP



拍數: 32 牆數: 4 級數: Intermediate

編舞者: James Miessau (USA) - October 2022

音樂: Jacked Up - Charlie Farley



#### Step 1 through 8

1-2 SStep forward RIGHT bring LEFT together 3-4 Step forward LEFT bring right together

5-6 Kick ball change

7-8 Swing LEFT leg around (Step 8 is the swing)

#### Step 9 through 16:

9-10 Touch LEFT over RIGHT, Step back RIGHT

11-12 Bring LEFT back over RIGHT, Step RIGHT together

13-14 Slide left (both counts)

15-16 180 turn (Turn Around, Half Turn)

## Step 17 through 24

Rock forward RIGHT 17-18 19-20 Rock Back RIGHT

21-24 1/4 turn LEFT with RIGHT foot pointed out to the RIGHT (repeat x 4)

## Step 25 through 32:

25-26 (hop to) Shift weight to RIGHT while Pointing out to the side with LEFT 27-28 (hop to) Shift weight to LEFT while pointing out to the side with the RIGHT 29-30

Bring left together, Bring RIGHT over LEFT, Step back LEFT w/ 1/4 turn to the RIGHT

31-32 Bring RIGHT back over LEFT (Start over)

Contact: miessauj@outlook.com