

拍數: 32 牆數: 2 級數: Absolute Beginner
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音樂: Y.M.C.A. - Village People



Grapevine right, step and touch x 2.

- 1 Step RF to the right.
- 2 LF cross behind RF.
- 3 Step RF to the right. .
- 4 Touch LF next to RF.
- 5 Step LF to the left
- 6 Touch RF next
- 7 Step RF to the right
- 8 Touch LF next to RF.

Grapevine left, step and touch x 2

- 1 Step LF to the left
- 2 RF cross behind LF
- 3 Step LF to the left .
- 4 Touch RF next to LF
- 5 RF step to the right
- 6 Touch LF next RF
- 7 Step LF to the left
- 8 Touch RF next to LF

Step back and touch x 2, walk backward RLR together.

- 1 Step RF backwards diagonal to the right
- 2 Touch LF next to RF
- 3 Step LF backwards diagonal to the left
- 4 Touch RF next to LF
- 5 Step back on RF
- 6 Step back on LF
- 7 Step back on RF
- 8 Step Together LF next to RF

Walk forward heel toe x 2 and walk in half circle.

- 1-2 Step forward with RF Heel-toe
- 3-4 Step LF forward Heel-toe
- 5 Step RF forward turning to backwall
- 6 Step LF forward turning to backwall
- 7 Step RF forward turning to backwall
- 8 Step LF forward next to RF

TAG: V step, step RF to the Right, SHAKE your hips

- 1,2,3,4 Step R fwd onto R diagonal (45 deg), Step L fwd onto L diagonal (45 deg), Step R back to centre, Step L beside R
- 5 Step RF to the right
- 6,7,8 SHAKE YOUR HIPS

TAG after wall 2,6,10

Its fun to use your arms in the YMCA movement
Start again and GOOD LUCK!

