Unwind

拍數: 32   牆數: 4   級數:

編舞者: Kaitlin Hornick (USA) - October 2022

音樂: That Drink - George Birge & Neal McCoy

Section 1

1&2	Left toe kickout forward, Replace, Right tow tap out to the Right
3, 4	R step forward, L step forward
& ,5, 6	R rock to the right, recover on left, Cross Right foot in front of Left.
7, 8&	Unwind counter clockwise 360, finish weight on Right, lift Left foot to complete another 90 degrees

Section 2

1, 2	Step L Forward, Hitch R knee/hip up
3&4	(Coaster Step) Step back R, step together L, R Forward
5, 6	L heel kick forward 2x
7, 8	Left toe tap back, turn 180 counter clockwise with weight on Left foot.

Section 3

1&2&	(traveling forward) R toe tap to L heal, place weight on R, L heel tap forward, place weight on L.
3&4&	(traveling forward) R toe tap to L heal, place weight on R, L heel tap forward, place weight on L.
5, 6	Scuff R heel, stomp Right.
7&8	Shoulder shimmy up/down w/ 90 degree turn counter clockwise (R,L,R shoulder drop) – Weight on R foot at end of 8 count

Section 4

1&2	(Sailor Turn) Sweep Left behind Right with 90 Degree turn to the L, Recover back on R, forward L
3&4	Shuffle forward Right, Left, Right
5, 6	Step forward L, Turn right 180 degree ending with weight on R
7, 8	Step forward L into 360 turn ending with stop forward on R.

TAG: 16 count Tag (repeat 8 counts 2x) Preformed at the end of 2 wall

1, 2	(Jazz box) Step L over R, Step back R.
3&4	Shuffle step left
5, 6	Right toe back, pivot turn 180 to the Right, ending weight on R.
7&8	Shuffle forward with Left