Jambo Jambo

拍數: 32

級數: Absolute Beginner

編舞者: Lucy Cooper (UK) - November 2022

音樂: Say Jambo - Mohombi

Intro: Start on lyrics, after 48 counts (roughly 24sec)

Back Rock, Walk, Walk, Side, Touch, Bump, Bump

- 1 2 Rock R back, recover onto L
- 3 4 Walk R forward, walk L forward
- 5 6 Step R to R side, touch L beside R
- 78 Rock L to L side pushing into L hips, bump back onto R hips taking full weight

Back Rock, Walk, Walk, Side, Touch, Bump, Bump

- 1 2 Rock L back, recover onto R
- 3 4 Walk L forward, walk R forward
- 5 6 Step L to L side, touch R beside L
- 78 Rock R to R side pushing into R hips, bump back onto L hips taking full weight

Diagonal Back, Touch, Back, Touch, Forward, Touch, Forward, Touch

- 1 2 Step R to back R diagonal, touch L beside R
- 3 4 Step L to back L diagonal, touch R beside L
- 5 6 Step R to forward R diagonal, touch L beside R
- 3 4 Step L to forward L diagonal, touch R beside L

Paddle ¼ L, Paddle ¼ L, Side ¼ L, Together, Bounce Heels x 2

- 1 2 Step R forward pushing into R hips, turn ¼ L transferring weight to L (3.00)
- 3 4 Step R forward pushing into R hips, turn ¼ L transferring weight to L (6.00)
- 5 6 Step R to side turning ¼ L, step L together (9.00)
- 7 8 Bounce heels, bounce heels

REPEAT





牆數:4