Steppin' Out

級數: Improver

編舞者: Dee Musk (UK) - November 2022

音樂: Heartache - Pepsi & Shirlie : (Album: All Right Now)

#24 Count Intro. Approx 12 seconds - Track approx 3 mins 38 secs. BPM 120.

牆數: 4

Track available from iTunes.co.uk deedeemusk@gmail.com

Out Right, Out Left, Hold, Ball, Side, Back Rock, Recover, Chasse R.

- 1,2 Step R out to R side, step L out to L side.
- 3&4 Hold count 3, step R beside L, step L to L side.
- 5,6 Cross rock R behind L, recover weight to L.
- 7&8 Step R to R side, close L beside R, step R to R side. (12 o'clock).

Out Left, Out Right, Hold, Ball Side, Back Rock, Recover, Shuffle ¼ Turn Left.

- 1,2 Step L out to L side, Step R out to R side.
- 3&4 Hold count 3, step L beside R, step R to R side.
- 5,6 Cross rock L behind R, recover weight to R.
- 7&8 Step L to L side, close R beside L, make ¹/₄ turn L stepping forward on L. (9 o'clock).
- **Restart** During Wall 5 begin again facing 9 0'clock wall.

Step Forward Right, Touch, Ball, Walk Right, Walk Left, Right Rocking Chair.

- 1,2 Step forward on R, touch L beside R.
- &3,4 Step down on L, walk forward R, L.
- 5-8 Rock forward on R, recover weight to L, rock back on R, recover weight to L. (9 o'clock).

Jazz Box ¼ Turn Right, Jazzbox ¼ turn Right, with Cross.

1-4 Cross step R over L, make ¼ turn R stepping back on L, step R to R side, step forward on L.
5-8 Cross step R over L, make ¼ turn R stepping back on L, step R to R side, cross step L over R. (3 o'clock).

* Tah Dah - Enjoy *





拍數: 32