La Chica Ye Ye

拍數: 32

級數: High Beginner

編舞者: Diba Munaf (INA) - November 2022

音樂: La Chica Yeye - Olé Olé

Start on word "rar"

(1-8) LINDY (2X)

- 1&2 Step RF to R, Close LF next to RF, Step RF to R
- 3 4 Rock LF back, Recover onto RF
- 5&6 Step LF to L, Close Rf next to LF, Step LF to L
- 7 8 Rock RF back, Recover onto LF

(9-16) CHICKEN WALK 2X, BOOGIE WALK 4X

- 1 2 Point RF fwd (no weight) R knee straight L knee flexed turning hip to R and L shoulder fwd, Close RF next to LF
- 3 4 Point LF fwd (no weight) L knee straight R knee flexed turning hip to L and R shoulder fwd, Close LF next to LF
- 5 6 Step RF fwd turning both toes out to R, Step LF fwd turning both toes out to L
- 7 8 Step RF fwd turning both toes out to R, Step LF fwd turning both toes out to L

(17-24) PIVOT 1/4L 2X, MONTEREY TURN 1/4 R

- 1 2 Step RF fwd, Turn ¼ L weight on LF
- 3 4 Step RF fwd, Turn ¼ L weight on LF
- 5 6 Touch RF to R, Turn ¼ R closing RF next to LF
- 7 8 Touch LF to L, Close LF next to RF

(25-32) SIDE ROCK, BEHIND, SIDE, SWIVEL 4X

- 1 2 Rock RF to R, Recover onto LF
- 3 4 Cross RF behind LF, Step LF to L
- 5678 Swivel both heels RLRL

Restarts:-

On wall 4 dance 16 count and restart from beginning On wall 9 dance 28 count and restart from beginning

Have fun!

Contact dibamunaf@gmail.com





牆數:4