Two Step Turn EZ



拍數: 32 編數: 4 級數: Phrased Easy Beginner

編舞者: Nancy Greatrix (CAN) - December 2022 音樂: Roll It Roll It - Gentry Jones & Mr. Sam



Floor split for my beginners to dance with the intermediate class, the awesome dance 2-Step Turn by Shane McKeever

SEQUENCE; AA, B, AA, BB, AA, BBB, A TO THE END Intro 40 counts

PartA: 32 counts

Section 1: SLOW RIGHT SHUFFLE FORWARD TO RIGHT DIAGONAL, TOUCH LEFT NEXT TO RIGHT SLOW LEFT SHUFFLE FORWARD TO LEFT DIAGONAL, TOUCH LEFT NEXT TO RIGHT

1-4 Step forward to right diagonal, step left next to right, step forward right, Touch left next to

right

5-8 Step forward to left diagonal, Step right next to left, Step forward left, Touch right next to left

Section 2: STEP BACK RIGHT, LEFT, RIGHT, STEP LEFT NEXT TO RIGHT, SWAY RIGHT LEFT, RIGHT, LEFT

1-4 Step back right, left, right, Step left next to right

5-8 Sway right, sway left, sway right, sway left. Move arms in time with hips to right to left to right

to left at waist level

Section 3: BASIC RIGHT, TOUCH LEFT NEXT TO RIGHT, BASIC LEFT TURN 1/4 LEFT, TOUCH R NEXT TO LEFT

1-4 Step right to right, Step left next to right, Step right to right. Touch left next to right

5-8 Step left to left, Step right next to left, Step left forward into ¼ left, Touch right next to left

Section 4: "k" STEP

1-4 Step right forward to one o'clock diagonal, Touch left next to right, Step left back home,

Touch right next to left

5-8 Step left back to five o'clock diagonal, Touch left next to right, Step left forward home, Touch

right next to left

Repeat.

Part B; 32 counts

Section 1: WALK FORWARD RIGHT, LEFT, ROLL HANDS AT CHEST LEVEL PALMS FACING FORWARD, IN A COUNTERCLOCKWISE MOTION, STEP BACK RIGHT, TOUCH LEFT NEXT TO RIGHT, ROLL HANDS AT CHEST LEVEL, PALMS FACING FORWARD IN A CLOCKWISE MOTION

1-2 Step forward on right, Step forward on left,

3-4 Raise hands up at chest level and roll hands in a circular motion

5-6 Step back on right, Touch left next to right

7-8 Arms at chest level and roll hands in a circular motion

Section 2: BASIC LEFT, TOUCH RIGHT NEXT TO LEFT, BASIC RIGHT, TOUCH LEFT NEXT TO RIGHT (OR OPTION A ROLLING VINE LEFT AND RIGHT)

1-4 Step left to left, Step right next to left, Step left to left, Touch right next to left

5-8 Step right to right, Step left next to right, Step right to right, Touch left next to right

Section 3: SHUFFLE FORWARD, ROCK RIGHT FORWARD RECOVER BACK LEFT, SHUFFLE BACK, STEP BACK LEFT TOUCH RIGHT NEXT TO LEFT

1&2 Step forward left, Step right next to left, Step forward on left,

3-4 Rock forward on right, Recover back on left,

5&6 Step back right, Step left next to right, Step right back

7-8 Step back on left, Touch right next to left

Section 4: STEP FORWARD RIGHT, STEP FORWARD LEFT, STEP FORWD RIGHT TURN 1/4 TURN LEFT, X 2

1-4 Step forward right, Step forward left, Step forward right, Turn 1/4 left stepping on left

5-8 Repeat 1-4